

FESTIVE OPENING

During the festive period, we recognise that some people who use the service may require some additional support. So the service will be operate normal opening hours excluding bank holidays and there will also be additional Drop-in sessions available for existing clients as follows:

Wed 25th-Thurs 26th Dec - Service Closed
Friday 27thDecember - Open as usual, drop in 11am-1pm
Wed 1st & Thurs 2nd Jan - Service Closed
Friday 3rd Jan - Open as usual - Drop in 11am- 1pm

Mon 6th january Business as usual

Additionally there will be a list of contacts below that may also be able to assist you

FRANK	03001 236600
DOMESTIC ABUSE HELPLINE	08457 697555
Breathing space (6pm-2am Mon- Fri and 24hrs at weekends)	08008 38587
VICTIM SUPPORT	08081 689111
SAMARITANS	116123
COCAINE ANONYMOUS	01419 596363
ALCOHOLICS ANONYMOUS	08009 177650
GAMBLERS ANONYMOUS	03700 508881
RAPE CRISIS	08088 010302
WEAREWITHYOU WEBCHAT	http://www.wearewithyou.org.uk
AYRSHIRE COUNCIL (including food bank)	01563 554400
Or visit their website for support	http://www.east-ayrshire.gov.uk/coronavirus
NHS 24	111
SOCIAL WORK (OUT OF HOURS)	08003 287758