

Turning Point Scotland

P.E.A.R Service

Weekly Activities



BECAUSE PEOPLE MATTER

Monday

11am - 12.30pm
Argyle SMART Group
1pm-3pm
Mens Snooker Group
Argyle Community Centre
Saltcoats KA21 5AG

Tuesday

12pm - 2pm
Acu Detox Holistic Therapy
Bridgend Community Centre
Kilbirnie
KA25 7DJ

Wednesday

Tea & Toast 10am - 11.30am
Arts & Crafts 12pm - 2pm
Acu Detox Holistic Therapy
2.15pm - 3.30pm
All groups held in our office
2 Glebe Street
Stevenston KA20 3EJ

Thursday

3pm- 4.30pm
Irvine SMART Group
Fullarton Community Hub
Irvine
KA12 8DF

Friday

10.00am - 11.30am
Largs SMART Group
Clark Memorial Church Hall
Bath Street
Largs
KA30 8BL

Saturday

Tea & Toast 09.30 - 12.30pm
2 Glebe Street Stevenston
KA20 3EJ
Eglinton Gardens 2pm - 5pm
Kilwinning Road
Irvine
KA12 8AS

For more information please contact us on

01294 447 407 or northayrshireinfo@turningpointscotland.com

