

# HARPER HOUSE SPECIALIST FAMILY SERVICE SCOTLAND



Safe, structured support for the whole family to address their problematic drug and/or alcohol use, improve their mental health and quality of life.

**PHOENIX**  
**FUTURES**  
**SCOTLAND**

📷 [phoenix\\_futures\\_scotland](#)

f [PhoenixFutures](#)

🐦 [Phoenix\\_Scot](#)

Harper House is a Care Inspectorate registered service, funded by the Scottish Government and provided by Phoenix Futures offering specialist support for the whole family to recover from the harms of problematic drug and alcohol use. Our family-focused programme of interventions is designed to benefit each member of the family and the family unit as a whole.



Families stay together at the service meaning that parents remain the carers of their children whilst taking part in a therapeutic treatment programme to address their substance use. Specialist childcare staff provide support to children and parents through out their stay with us.

We are the only service of our kind across Scotland which welcomes dads as part of the programme as well as mums

### **WHO WE HELP:**

We welcome single parents and couples with children up to the age of 10 years old.

## **THE PROGRAMME**

Our programmes at the Specialist Family Service Scotland are flexible between 12 and 26 weeks depending on need.

The programme brings together three main elements; therapeutic interventions, parenting and childcare all responsive to the individual needs of each family.

All of the people who use our residential services are part of the Therapeutic Community and we call them Community Members.

The Therapeutic Community is designed to encourage the development of parenting, life and social skills through engagement in daily work and activity routines. Additionally, structured group work embraces Cognitive Behavioural Therapy methods, as well as including behavioural role play therapy.



## WHERE ARE WE?

Located in Saltcoats situated near the North Ayrshire towns beautiful beach and promenade. Local amenities and a Nature Reserve are all within easy reach of the service.

## CHILDCARE AND PARENTING

The parenting element of the programme is underpinned by evidence-based interventions which enhances the parents ability to manage their child's development.

Community Members benefit from direct access to our highly experienced Childcare team. Children up to the age of 10 have their development supported and assessed in our Care Inspectorate registered childcare centre.

We use accredited assessment and monitoring tools. Pre-birth to Three documents and Curriculum for Excellence. All parents are supported to enhance their parenting skills through PuP (Parents Under Pressure). Developments are monitored using the Family Star tool, designed to set realistic, measurable goals and identify progress in key areas.

Working alongside children, parents and local authority social services we provide an environment that enables families to stay and grow together.

## FACILITIES:

Each family has their own large family suite with access to a kitchen and ensuite accessible bathroom facilities.

There are several communal lounges with TVs and multi-purpose spaces, including a children's lounge where children can play.

The rear of the Harper House has a private, enclosed dedicated play area for the children to enjoy a range of outdoor activities and games.

Our large garden space features a dedicated area for our on-site Recovery through Nature activities as well as communal spaces perfect for BBQ's, and a climbing frame and slide for older children.

# CONTACT US TODAY TO FIND OUT MORE OR TO MAKE A REFERRAL:

Harper House, Specialist Family Service Scotland

Call us on **01294 588761**

Email us at **[Specialist.Family@phoenixfutures.org.uk](mailto:Specialist.Family@phoenixfutures.org.uk)**

Phoenix Futures brings positive change in the lives of people, families and communities affected by substance use. We reduce the impact of drug and alcohol related harm and support the people who use our services to rebuild their lives. Our purpose is achieved through the skills and dedication of our staff and volunteers.

Phoenix Futures is a registered charity in England and Wales (No 284880) and in Scotland (No SC039008); Company Limited by Guarantee Number 1626869; Registered Tenant Services Authority Number H3795;