

# AIRSHIRE HARBOUR

*Your shelter from the storm of addiction*

*You're welcome to our*

**MEN ONLY  
TIME**

**KILMARNOCK**

*Come along and share your story*

SUPPORT WITH ADDICTION  
AND INTER-RELATED  
PROBLEMS, MENTAL  
HEALTH, HOMELESSNESS,  
BEREAVEMENT AND OTHER  
SOCIAL ISSUES

**EVERY SUNDAY  
2.30pm – 4pm**

3-19 JOHN DICKIE ST  
KILMARNOCK  
KA1 1HW

**WEEKLY CHECK-IN | REFLECTION | WORKSHOPS**



Recovery Support  
and Prevention Programme  
www.oscr.org.uk

[www.harbourayrshire.co.uk](http://www.harbourayrshire.co.uk)  
Telephone: 01292 623016