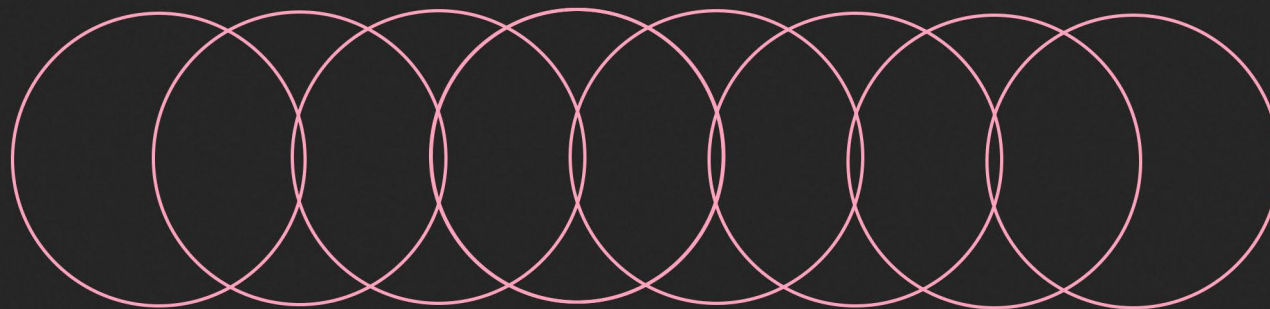




MAT STANDARDS

Context for people working in drug treatment services.



The implementation of MAT Standards is the most significant change to drug treatment in Scotland in over 20 years.

For people working in treatment services, the MAT Standards define a standard of service that will support the development of positive therapeutic relationships with people who engage in treatment.

MAT Standards promise improved accessibility to empowering, person-centred and trauma informed services where people can engage in medication-assisted treatment and related supports and access other services they need to improve their health, well-being and address wider social issues





Timeline of delivery of the MAT Standards

- Draft standards published for consultation Nov 2020
- Final Standards published May 2021
- Standards 1-5 implemented in all MAT services April 2023
- Standards 6-10 implemented in all MAT services April 2024

Progress to delivering the Standards

The investment in implementation of the Standards and the focus given by The National Mission to Reduce Drug Deaths and Improve Lives will help drive necessary changes in treatment service provision.

Progress towards delivering the standards at local Alcohol and Drug Partnership level is reported nationally and regularly by Public Health Scotland from June 2022



The MAT Standards and other standards and guidance

The Standards are not a fundamentally new approach and are based on evidence and consensus on what works and best practice.

The MAT Standards will help deliver better care and support and comply with other quality standards

The MAT Standards reflect and extend the approach fostered in other standards, guidelines and principles of service delivery:

The Health and Social Care Standards published by Scottish Government 2017

Specifically, the approach described here meets the following standards:

Standard One I experience high quality care and support that is right for me.

Standard Two I am fully involved in all decisions about my care and support.

Standard Three I have confidence in the people who support and care for me.

Standard Four I have confidence in the organisation providing my care and support.





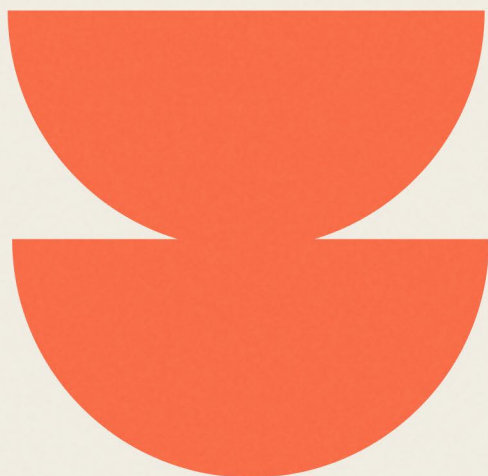
The UK guidelines on clinical management on drug misuse and dependence (2017)

The 'Orange Book' states that

A number of clinical factors can be taken into account to help a patient, with the clinician who is treating them, decide which medication to opt for.

These include:

- A patient's pre-existing preference for either drug...
- Previous substantial benefit from maintenance on either medicine (Ch4 p88)





The Quality Principles: Standard Expectations of Care and Support in Drug and Alcohol which were agreed by the Scottish Government and CoSLA in 2014

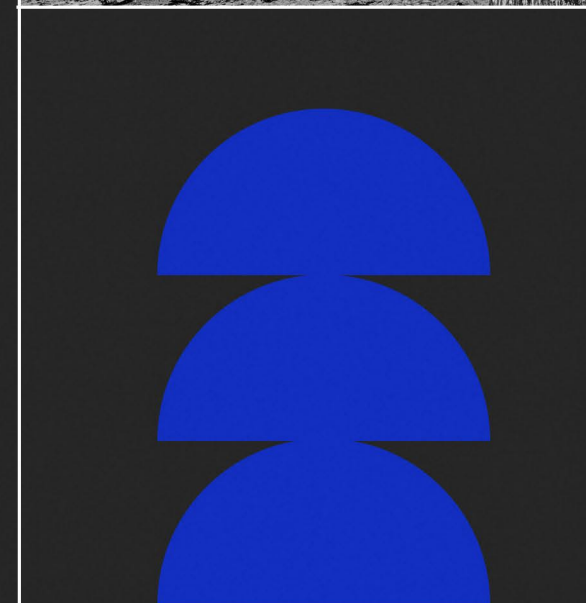
Specifically, the approach defined in the MAT Standards delivers on the following principles:

Principle One You should be able to quickly access the right drug that keeps you safe and supports you throughout your recovery.

Principle Two You should be offered high-quality, evidence informed treatment, care and support interventions which keep you safe and empower you in your recovery.

Principle Six You should be involved in regular reviews of your recovery plan to ensure it continues to meet your needs and aspirations.

Principle Seven You should have the opportunity to be involved in an ongoing review of how services are delivered throughout your recovery.



The MAT Standards (summary)

MAT Standard One: All people accessing services have the option to start MAT from the same day of presentation.

MAT Standard Two: All people are supported to make an informed choice on what medication to use for MAT, and the appropriate dose.

MAT Standard Three: All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.

MAT Standard Four: All people are offered evidence based harm reduction at the point of MAT delivery.

MAT Standard Five: All people will receive support to remain in treatment for as long as requested.

MAT Standard Six: The system that provides MAT is psychologically informed (tier 1); routinely delivers evidence-based low intensity psychosocial interventions (tier 2); and supports individuals to grow social networks.

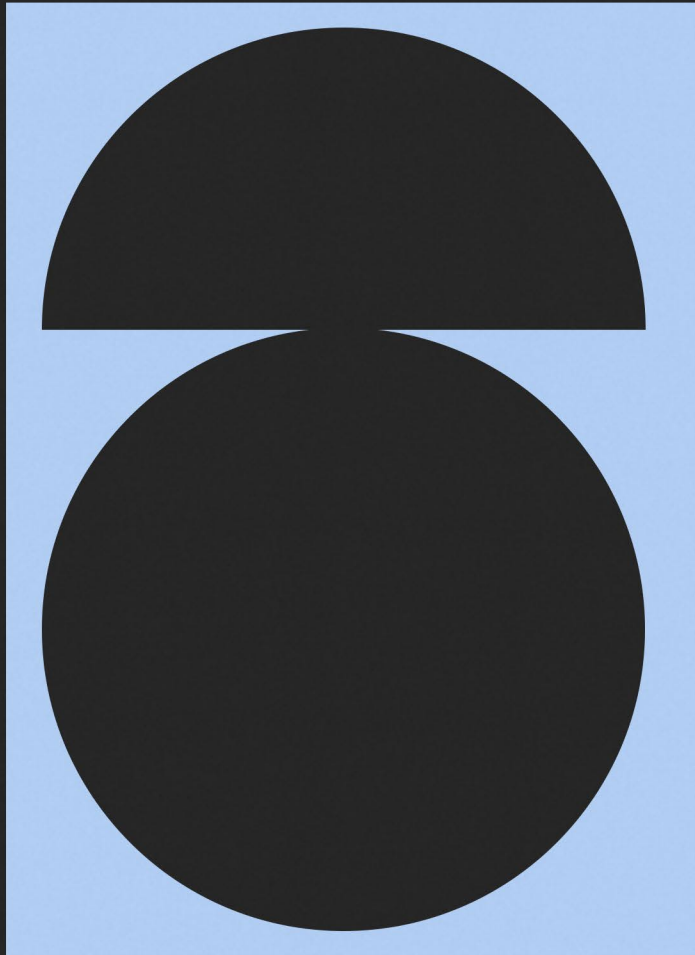
MAT Standard Seven: All people have the option of MAT shared with Primary Care.

MAT Standard Eight: All people have access to independent advocacy and support for housing, welfare and income needs.

MAT Standard Nine: All people with co-occurring drug use and mental health difficulties can receive mental health care at the point of MAT delivery.

MAT Standard Ten: All people receive trauma informed care.



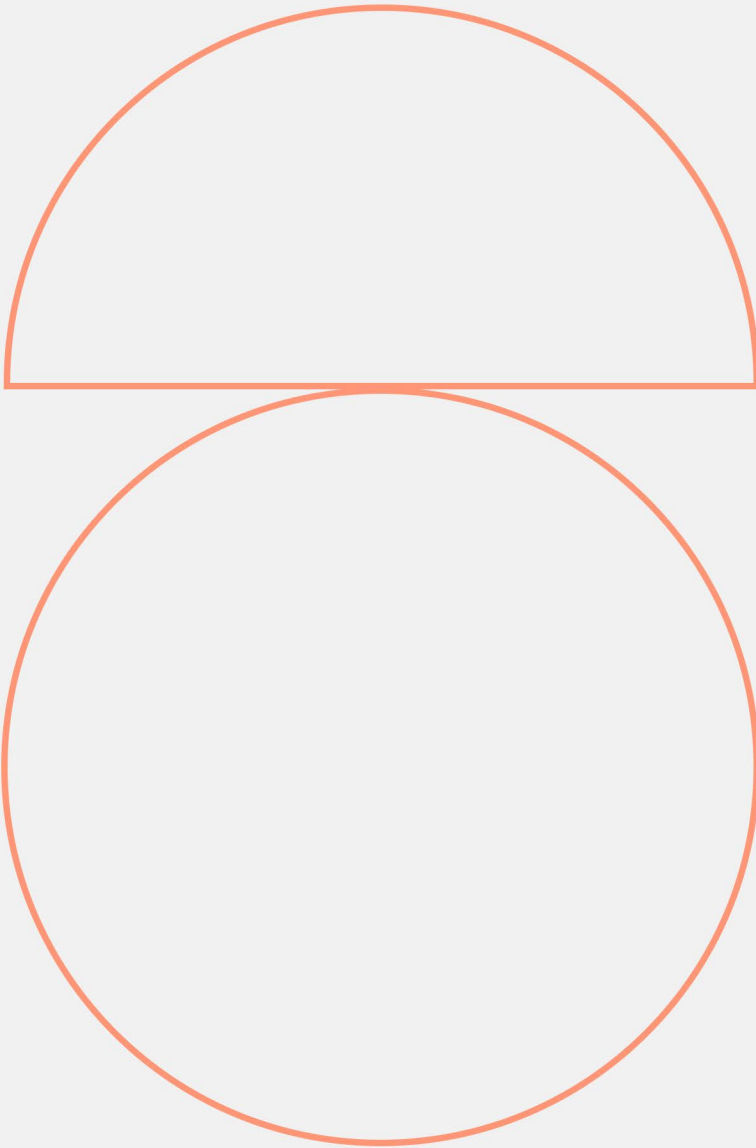


More information

The MAT Standards website hosts resources for all stakeholders from a variety of national agencies.

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www.MATstandards.scot



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