



GARNNOCK VALLEY RECOVERY HUB (GVRH)

Support • Community • Recovery

A Safe Place to Recover and Connect ♥

A welcoming, non-judgmental space for people seeking recovery, connection, and support.

WHEN & WHERE



Bridgend Community Centre,
Kilbirnie

Every Tuesday

12:00 p.m. – 2:00 p.m.



WHO CAN ATTEND?



Anyone affected
by addiction



People in
recovery



Family and
loved ones

Everyone is welcome ♥

WHAT WE OFFER



A safe, non-
judgmental space



Support and
understanding



Community and
connection



Hope and
recovery



CONTACT



cafesolaceiain@gmail.com



cafesolaceliz@gmail.com



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