Why this training

It is recognised that families can play an important role in supporting the person in prison and preventing reoffending, but they have their own needs for support too.

When a family member is sent to prison, the impact on the family's health and wellbeing can be significant and enduring. In particular, children may experience feelings of sadness and loss, affecting their emotional and mental health.

Families Outside Training is designed to raise awareness of the impact imprisonment has on families, improve practice and develop the knowledge and skills of participants required when supporting families affected by imprisonment.

Please visit <u>www.familiesoutside.org.uk</u> to view our upcoming training sessions

Who We are

Families Outside is the only national organisation that works exclusively on behalf of families affected by imprisonment in Scotland. Our vision is for families affected by imprisonment to be treated with justice and fairness so that they can live lives free from stigma and disadvantage.

Contact us to find out more

Website www.familiesoutside.org.uk

Helpline 0800 254 0088

Email – training@familiesoutside.org.uk



families outside

supporting families affected through training





About the training

This training is aimed at all professionals whose work brings them into contact with families who have a family member in prison.

There are three separate accredited modules and participants should choose which ones are relevant to their line of work.

All courses will aim to achieve the following learning outcomes:

- Understand the impact imprisonment has on the whole family in order to reduce stigma and social isolation
- Improve the overall experience for families including children and young people, navigating through the criminal justice process from arrest to release

Module 1 - Understanding the issues for families affected by imprisonment

This module will look specifically at what the issues could be for a family and how they are affected at different stages of the criminal justice system.

Module 2 - Supporting children and young people who have a family member in prison

Representing the views of children and young people this module will go into detail the varying needs of this group and what support and policies should be in place to protect them.

Module 3 - Prison and prison visiting

This module highlights the importance of maintaining contact with a family member in prison and what support can be accessed, to ensure this is a positive experience for everyone involved.



