



NAME



PHONE



ADDRESS



WEB



LOCATION



MAIL

Ayrshire

Community Justice

Service Directory



This directory contains a list of services and organisations across Ayrshire (East, North and South Ayrshire) who are working to support people impacted by the justice system.

Information in the directory is split into different sectors, e.g., Alcohol and Drug Treatment and Recovery Services, Family Support, Housing and Justice Services, etc.

Information in the directory is maintained by the Community Justice Ayrshire Partnership Team and will be reviewed on an annual basis.

30.04.2025

Contents

Advocacy Support	4
Alcohol and Drug Treatment and Recovery Services	5
Benefits and Welfare Advice	17
Children and Families Social Work	21
Education, Training and Employment Support	23
Emotional Support and Counselling	30
Family Support	37
Fairer Food Network / Foodbanks	44
Health	46
Housing	51
Justice Services	55
Literacy Support	61
Veterans Support	64

Advocacy Support

Circles Advocacy

Helping people aged 16 or over who live in South Ayrshire. Supporting people to safeguard those who are in situations where they may be vulnerable. We speak up for and stand alongside people who may not be heard - supporting them to express their views and make their own decisions. We enable people to make informed choices about, and remain in control of, their own social and health care needs.

2 New Bridge Street, Ayr, KA7 1JX | Telephone: 01292 264396

Email: info.southayrshire@circlesnetwork.org.uk

Web: www.circlesnetwork.org.uk

East Ayrshire Advocacy Services

Providing a free, independent advocacy service, enabling local people with a range of support needs to be heard. Individual, issue-based advocacy is provided by advocates who support people to represent their own interests or represent the views of an individual, if the person is unable to do this themselves. We provide support on specific issues and provide information (but not advice), and this support can be short- or long-term. Our advocacy services can help you to understand your rights and choices and speak up about what is important to you. An Advocate will if you wish:

- Act for you only when and how you choose
- Find out what you think about things
- Help you to find information
- Accompany you to meetings, medical appointments and reviews
- Stand by you when you have to make choices or decisions about things which affect your life e.g. where you live or how you are cared for
- Do things with you not for you

To make a referral, go to www.eaas.org.uk and click on 'Make a Referral' then follow the instructions. If you do not have internet access you can make a referral by phone on 01563 574442.

20 Lindsay Street, Kilmarnock KA1 2BB | Telephone: 01563 574442

Email: info@eaas.org.uk

Web: www.eaas.org.uk

Alcohol and Drug Treatment and Recovery Services

ADP Recovery Community / RecoveryAyr

Working with individuals across South Ayrshire offering recovery focussed support for individuals affected by alcohol or drugs and / or involved with justice services aged 16+.

Our local recovery community is led by individuals with lived experience of recovery from alcohol or drugs, and offer peer led support to individuals, families and carers. Support includes a range of weekly drop-in recovery groups, a weekly recovery café, structured group work, fitness and social activities and events, a range of volunteering, training and development opportunities and Peer2Peer Naloxone supply.

Telephone: 01292 612339

Email: RecoveryAyr@gmail.com or adp@south-ayrshire.gov.uk

Facebook: www.facebook.com/RecoveryAyr/

Web: <https://south-ayrshire-adp.scot/whats-on/>

Auchinleck Community Development Initiative Recovery (ACDI)

Supporting individuals in recovery.

Boswell Centre, 18 Well Road,
Auchinleck, KA18 2LA

Telephone: 01290 4283987

Email: janet@auchinleckacdi.co.uk

Ayrshire Council on Alcohol (ACA)

Working with individuals and their families aged 16 years and over who live in East or South Ayrshire. Counsellors, trained to professional standards offer free 1-2-1 confidential advice, information, and support to those concerned about their own drinking or a loved one's drinking whether they wish to cut down or stop completely. Daytime & evening appointments are available in venues throughout East & South Ayrshire.

24 Fullarton Street, Ayr, KA7 1UB

Telephone: 01292 281238

Email: info@acaayr.org

Web: www.acaayr.org

Blue Triangle Recovery Housing

This supported accommodation is based in Kilmarnock, but we accept referrals from all over Ayrshire. The service is funded by the CORRA Foundation and delivered in partnership with Ayrshire Alcohol and Drugs Partnership. Recovery support can include life skills training, social and community engagement and goal-setting/personal development.

The service will provide 24/7 support and a safe secure space for individuals during a critical stage in their recovery journey. It will create opportunities for people to success and thrive as they take their next steps towards independence. The Recovery Housing service is for:

- Individuals who have completed rehab and are in recovery.
- Those seeking a safe and supportive environment and opportunities to reconnect with their community.
- People willing to take the next step towards independence and their own tenancy.
- Please note the service is for males only aged 18 and above.

24 Fullarton Street, Ayr, KA7 1UB

Telephone: 01563 598 143 (24/7)

Email: afraaser@bluetriangle.org.uk / jstebbing@bluetriangle.org.uk

Café Hope

Abstinence based weekly cafe for anyone in recovery, and their family and friends. The cafe is run by volunteers in recovery and offers two course meal deal specials and a range of social activities including the art table, alternative therapies, and quiz nights.

Salvation Army, John Street,
Ayr, KA8 0BS

Every Friday 5.00pm – 7.00pm.

**** Cafe Hope will be moving around mid-June to RecoveryAyr's new recovery HUB.****

Venue: @48

Address: 48 Newmarket Street,
Ayr.

Web: <https://en-gb.facebook.com/RecoveryAyr/>

Café Solace

Run by volunteers in recovery, offering an ideal chance to find out important information about services and supports, about what's going on in North Ayrshire and how you might get involved.

Fullerton Connexions, Church Street, Irvine, KA12 8PE

Each Tuesday 5.00pm-7.00pm

Bridgend Community Centre, 17 Bridgend, Kilbirnie, KA25 7DJ

Each Friday 5.00pm – 7.30pm

Connect4Change

A multidisciplinary team in South Ayrshire who provides support for vulnerable individuals at high risk due to their alcohol or drug use. Referral only through START, Ayrshire Council on Alcohol, We Are With You, RecoverAyr, Emergency Services, Homeless and Justice Services.

Telephone: 01292 430529

Email: connect4change@wearewithyou.org.uk

East Ayrshire Addiction Services

Providing support for individuals returning to East Ayrshire. Offering:

- Mental Health related support
- Physical and sexual health interventions
- Medication Assisted Treatment (MAT) – medication prescribing and psychological and social support
- Injecting equipment provision (including Naloxone training and supply)
- Detoxification from opiates
- Detoxification from alcohol
- Support to create a recovery journey that meets your needs
- Occupational Therapy interventions

Telephone: **01563 574237 Monday to Friday 9.00am to 5.00pm.** Outside these hours: Please contact NHS 24 on 111

EACHa Community Friends Drop-In

EACHa's Community Friends Drop-In is a vital front-door crisis intervention service in Kilmaronock. It provides immediate, compassionate support to individuals in crisis, many of whom are facing homelessness,

addiction, mental health struggles, or poverty. The service is inclusive and open to all. **Support Offered:**

- Hot meals served three days a week
- Crisis triage and advocacy
- Emergency food parcels and financial hardship support
- Access to Friendly Fresh Start household packs and essentials
- Clothing and hygiene bank

The Drop-In operates alongside EACH Recovery Matters, providing immediate support and referral into recovery and long-term services.

EACHa, New Leigh Kirk Hall, 35
John Finnie Street, Kilmarnock,
KA1 1BL

Telephone: 01563 541 227

Email: info@eacharecovery.org

Web: www.eacha.org.uk

Facebook: www.facebook.com/EACHHomelessnessAction

EACH Recovery Matters

EACH Recovery Matters is a peer-led, community-based service supporting individuals in Kilmarnock who are affected by addiction, homelessness, mental health challenges, or involvement with the justice system. Rooted in lived experience, the service offers a trauma-informed, empowering approach to recovery and social reintegration. **Support**

Offered:

- One-to-one peer support and recovery navigation
- Structured group work and workshops
- Accredited and informal training opportunities
- Outdoor recovery and wellbeing activities through our charity, New Heights
- Volunteering and leadership development
- Gender-responsive groups including EACH Woman Matters
- Signposting to housing, healthcare, and community supports
- Harm reduction, Naloxone supply, and support accessing medical care

Our model separates crisis from recovery, ensuring individuals receive the right level of support at the right time.

EACH Recovery Matters, John
Dickie Street, Kilmarnock, East
Ayrshire, KA1 1HW

Telephone: 01563 541 227

Email: info@eacharecovery.org
Web: www.eacharecovery.org
Facebook: www.facebook.com/EACHRecovery

East Ayrshire Recovery Network

Established in February 2020 with the purpose of bringing the voice of lived experience and recovery focused groups across East Ayrshire together to promote information sharing / joined up working across statutory, voluntary and community agencies. This website provides an accessible central point for anyone looking for information on how to begin their journey to recovery. Our aims are to:

- Share training, resources, knowledge and best practices
- Facilitate and encourage work between groups and services
- Increase visibility of recovery activities in the area
- Improve opportunities to promote recovery in the area
- Strengthen the voice of recovery
- Provide a platform to present ideas relating to delivery of recovery activity and strategy to decision making bodies

Web: www.earecoverynetwork.co.uk

Harbour (Ayrshire)

Delivering a range of solution-focussed options, while creating opportunities for some of the most vulnerable people in our communities, allowing them to live free of the stigma and suffering of addiction.

Harbour (Ayrshire) offer a series of voluntary-led peer support groups for both men and women to create a safe space and help in the formation of positive relationships within the groups and subsequently, the wider community. The groups provide support in areas out with addiction, including mental health, homelessness, and bereavement.

An out of hours helpline is also available and is manned by volunteers with lived experience.

Harbour Ayrshire also run a Residential Rehab Support Service (RRSS) supporting people to rehab (PREHAB) and Aftercare when the treatment is over, and the person returns to their community.

	Telephone: 01292 623016
Email: info@harbourayrshire.co.uk	
Web: www.harbourayrshire.co.uk	

Intensive Peer Recovery Support - ROOTS (South Ayrshire)

Roots supports individuals in South Ayrshire and the referral pathway is a mixture of statutory, third sector and self-referrals. The referral process is very simplified, and the main criteria is reaching individuals that are at risk of drug related death and are currently in the homeless sector of housing provision. We work across 7 indicators that would put an individual at risk, and this is how we determine suitability for the service:

- Relapse
- Ill health or recent diagnosis
- Mental health diagnosis
- Bereavement
- Breakdown of significant relationship
- Non-fatal overdose
- Suicidal attempt or thoughts of suicide

Our outcomes are to reduce drug related death and the number of non-fatal overdoses, provide health and wellbeing education, self-management skills, harm reduction and to move into more positive destinations through appropriate sign posting and moving on plans. We provide short term and often crisis intervention and we do work around pre-rehab, accessing rehab and post rehab.

We link in across a range of multi-disciplinary partners and link into a wide range of grassroots recovery originations.

	Telephone: 0808 175 4008
Email: jmclean@bluetriangle.org.uk	

MINDS of Recovery

MINDS of Recovery through our Mentoring Individuals for New Destinations & Support [MINDS] are a rights-based community organisation in North Ayrshire who walk alongside the community with a specific focus on substance use / mental wellbeing / isolation and other

social issues. Through our conversation cafes and sports related to increase the social capital of our participants by offering connection.

MINDS through our work in HMP Kilmarnock with the community aims to create pathways on liberation and to provide educational and coping mechanisms within the prison environment.

Telephone: 07902793014

Email: mindsofrecovery@outlook.com

Facebook: [Minds Of Recovery | Facebook](#)

North Ayrshire Drug and Alcohol Recovery Service (NADARS)

Providing support for individuals returning to North Ayrshire. Offering:

- Group work programmes to help improve self-confidence and self-esteem
- Support to stop taking drugs and alcohol
- Occupational therapy support
- Social work assessment and support
- Support can include home visits and / or appointments in your locality
- Mental health related support
- Physical and sexual health interventions
- Injecting equipment provision (needle exchange)
- Medication Assisted Treatment (MAT) – medication prescribing and psychological and social support
- Additional parenting support

Telephone: 01294 476000 **Monday to Friday 9.00am to 5.00pm.** Outside these hours: Please contact NHS 24 on 111

North Ayrshire Prevention, Early Intervention and Recovery (P.E.A.R) Service

We promote a culture of recovery across North Ayrshire and offer support to any individual that is concerned about their alcohol and or other drug use. Our base in Stevenston is a welcoming place for anyone to come along and have a chat about their alcohol and or other drug use. Our friendly team will have a coffee and chat with you.

We offer 1:1 support, recovery groups, drop ins and family support within North Ayrshire. For more information, including self-referrals and enquiries, give us a call and we can help and support you along in your recovery.

Turning Point Scotland, The Grange Business Centre, Unit 8, 2D Glebe Street, Stevenston, KA20 3EJ	Telephone: 01294 447407
Email: NorthAyrshireInfo@turningpointscotland.com	

Patchwork Recovery Community

Providing a safe space for people in recovery from problematic substance use where they can access a range of opportunities including, peer support, training, and volunteering. The group consists of volunteers who were all once in active addiction and who now want to help others by providing peer support and help to navigate the many challenges recovery from any addiction will present while helping them feel less isolated. Patchwork organises opportunities to socialise which have proven to be an important factor in kick-starting/maintaining an individual in their recovery journey.

Opportunities to socialise include:

Games nights, pool, darts and dance competitions, quizzes, fun days, Paddle Boarding Coastal Rowing and Equine Assisted Therapy Karaoke evening/days, supper evenings and movie nights.

This social setting creates a culture where Patchwork are able to engage with individuals who would otherwise be completely disengaged from services and society. The group work with individuals who would normally never be involved in consultation, “Unheard Voices” and encourage and support them to have their say in both locally and nationally.

15 Wellington Street, Kilmarnock, KA3 1DW	Telephone: 01563 624528
Email: abrown@patchworkrc.org.uk	

Quit Your Way

A smoking prevention and cessation service covering all of Ayrshire and Arran. We provide a wide range of support systems to help people who want to stop smoking/vaping or help them make the right decision about not starting. These include:

- Individual support;
- Group support;

- Telephone support;
- Information and advice; and
- Access to treatments including Nicotine Replacement Therapy (NRT).

This support is provided by a team of specialist smoking cessation advisors, community pharmacy advisors and support services officers.

Telephone: 0800 783 9132

Email: QYWAYrshire@aapct.scot.nhs.uk

Facebook: [Quit Your Way, NHS Ayrshire and Arran \(facebook.com\)](https://www.facebook.com/QuitYourWayNHS)

Rapid Access to Drug and Alcohol Recovery (RADAR)

Providing rapid access to support and or treatment for anyone affected by drugs or alcohol in the East Ayrshire area. We aim to offer a same day or next day appointment to help you identify the recovery support best suited to your needs.

Telephone: 01563 578778 **Monday to Friday 9.00am to 5.00pm.** Outside these hours: Please contact NHS 24 on 111

Recovery Enterprises Scotland CIC - Foundations Hub

Operating two support hubs: Foundations Hub in Kilmarnock town centre and Foundations Hub Visitors Centre within HMP Kilmarnock. Our in-prison support service, Inside Out, provides pre- and post-release support for individuals in custody, ensuring they have access to housing, financial assistance, mental health and addiction support, and employability pathways. We work closely with partner organisations to deliver comprehensive reintegration plans for those returning to East Ayrshire.

In addition to our work within HMP Kilmarnock, we also provide support to people in custody at HMP Barlinnie and are developing our partnership with them to expand our services. We also accept referrals from other SPS establishments for individuals returning to East Ayrshire, ensuring they receive structured pre-release planning and continued post-release support in the community.

We offer specialist support for families of those in custody, providing emotional support, practical guidance, and access to financial and housing assistance. Our close working relationship with HMP Kilmarnock allows us

to offer family-focused support, involving families in pre- and post-release plans and providing ongoing, time-unlimited support tailored to their needs.

Support continues at our community-based Foundations Hub, where we assist with housing applications, benefits claims, addiction recovery, employability pathways, and mental health referrals. Our person-centred approach ensures individuals and families receive the support they need to build a stable and positive future.

4 St Marnock Place, Kilmarnock, KA1 1DU	Lorna Dalziel, Director – 07752002361 Margaret Thomson, Project Leader – 07717122204 Ronnie Skeet, Project Leader – 07752002356
--	--

Email: (Lorna) lornadrecoveryyenterprises54@gmail.com
(Margaret) Margaretrecoveryenterprises@gmail.com
(Ronnie) recoveryenterprises@outlook.com

Riverside Community Trust

Working in partnership with local services in South Ayrshire to provide support to people facing repeat homelessness and offering options to people with substance misuse. Providing outreach and a drop-in service.

Telephone: 01292 262686

Email: help@riversidecommunitytrust.org.uk

Web: www.riversidecommunitytrust.org.uk

ROADS Team

A multi-agency and multi-disciplinary team who will support individuals to consider if long term residential rehabilitation (RR) is the right option for them and support them throughout their journey.

Telephone: 01292 430529

Email: roadsservice@wearewithyou.org.uk

Scottish Families Affected by Alcohol & Drugs (SFAD)

Scottish Families Affected by Alcohol and Drugs is a national charity that supports **anyone** affected by someone else's alcohol or drug use in Scotland. We give listening support and information to many people and

help them with confidence, communication, general wellbeing, and we link them into local support.	
	Telephone: 08080 10 10 11

South Ayrshire Treatment and Recovery Team (START)

Providing support for individuals returning to South Ayrshire. Offering: <ul style="list-style-type: none"> • Mental Health related support • Physical and sexual health interventions • Medication Assisted Treatment (MAT) – medication prescribing and psychological and social support • Injecting equipment provision (including Naloxone training and supply) • Detoxification from opiates • Detoxification from alcohol • Support to create a recovery journey that meets your needs • Occupational Therapy interventions 	
Telephone: 01292 559800 Monday to Friday 9.00am to 5.00pm. Outside these hours: Please contact NHS 24 on 111	

The Nest Wellbeing Group Cumnock

A community led charity at the forefront of delivering health and wellbeing activities for the people of Cumnock and the surrounding area. Providing a safe and inclusive environment where people are encouraged to embrace their true self. We promote the approach that everyone is in recovery from something and celebrate this through our core values – compassion, hope, togetherness, integrity and love.	
Moving Up Moving On Recovery Group, Greenbraes, Greenholm Road, Cumnock, KA18 1LH	Telephone: 07891 293 282
Email: Natalie Carmichael natalie@thenestwellbeinggroup.co.uk or Graham Findlay graham@thenestwellbeinggroup.co.uk	

The Zone Initiative – Zone Recovery Group

10 High Main Street, Dalmellington, Ayr, KA6 7QN	Telephone: 01292 551888
Email: Nicola Higgins nicola.higgins@the-zone-online.co.uk	

With You (South and East Ayrshire)

Providing 1-2-1 support and group interventions aimed at supporting people to reduce / cease their drug / alcohol use. Supporting individuals to create a plan to make changes in their life and promote recovery. We also provide support for the families of people who use drugs or alcohol. We provide an intervention called CRaFt, supporting families to set boundaries and promote self care.	
Kilmarnock Station Basement, The Underpass Hill Street, Kilmarnock, KA1 2AF	Telephone: 01563 558777
3 Killoch Place, Ayr, KA7 2EA	Telephone: 01292 430529
Web: www.wearewithyou.org.uk	

Working For Wallacetown

The Working For Wallacetown team are committed to making Wallacetown a place where people are safe, healthy & want to live. Service providers working in partnership with the community, for the community. Residents linking in with Working For Wallacetown can benefit from a wide range of services and groups including: Housing, Employment, Volunteering, Wellbeing, Social Activities / Groups, Fire Safety, Cost of Living Support, Further Education, Youth Clubs / Childrens Activities, Physical Health, Events, Community Safety, Benefits / Money Advice, Training Courses, Family & Adult Learning, Mental Health, Arts & Crafts, Addiction Services	
	Telephone: 0300 123 0900 and ask for Gavin Kennedy (Co-ordinator, Wallacetown)
Email: WorkingForWallacetown@south-ayrshire.gov.uk	

Benefits and Welfare Advice

Christians Against Poverty

CAP offers free face to face personal debt advice across Ayrshire. We also provide free Money Coaching for groups of about 4 to 10 people. This is training around budgeting, spending, and saving wisely. Two things that make us different are:

1. We are independent from the Council
2. We bring befrienders to our meetings - this means we provide emotional support, a listening ear and support after the debt advice if required

Telephone: 0800 328 0006

Citizens Advice Service

Giving people the knowledge and the confidence, they need to find their way forward. Offering advice and support on: Benefits, Work, Debt and Money, Consumer, Family, Housing, Law and Courts, Immigration and Health.

44 King Street, Kilmarnock, KA1 1NP	Telephone: 01563 543379
-------------------------------------	-------------------------

77A Townhead Street, Cumnock KA18 1LF	Telephone: 01563 543379
--	-------------------------

Email: advice@eastayrshirecab.org.uk

Connect South Ayrshire

Offers a free community information service with multiple access routes via phone, email, [website](#) and face to face at the Hub.

The Connect South Ayrshire phone line is open Monday to Friday 9.00am-5.00pm, the Hub is open Monday to Friday from 9.00am-12.30pm and 1.00pm-4.00pm providing drop ins daily. The service provides signposting to a variety of public and charitable services covering a variety of topics including benefit enquires, income maximisation, employment support, housing issues and many more.

It also offers access to volunteering opportunities, information on local activities and events and access to a low-cost nail cutting service on

an appointment basis and access to a food pantry (qualifying postcodes only).

Whatever your enquiry the team will endeavour to deliver the right information at the right time

53 Sandgate, Ayr KA7 1DA Telephone: 0800 432 0510

Email: enquiries@connectsa.scot

Website: www.connectsouthayrshire.org

EA Money

Providing residents in East Ayrshire with information, advice and support relating to welfare rights, benefits, energy, affordable money services, debts and more.

Telephone: 0800 389 7750

Email: FinancialInclusionTeam@east-ayrshire.gov.uk

Web: [EA Money | Advice & Information on Benefit and Money Issues.](#)

Information and Advice Team

The Information and Advice Team provides free, confidential, and impartial, information and advice service to people living in South Ayrshire. The service provides a comprehensive and holistic advice service to all residents across South Ayrshire.

- A wide range of Welfare Benefit services, including;
- Maximising household income through welfare benefits from advice, checking entitlement, and form filling/digital applications.
- Better off income calculations.
- Assistance with mandatory reconsiderations and benefit appeals by preparing tribunal cases and providing written representation.
- A comprehensive Money Advice service, including;
- Debt advice, up to bankruptcy level.
- Personal Budgeting support tailored to individual households including help with food, home energy and household bills.
- Employment Law
- MacMillan Cancer Service

Online Digital Referral: <https://www.south-ayrshire.gov.uk/26845>

	Telephone: 0300 123 0900
Web:	https://www.south-ayrshire.gov.uk/information-and-advice-hub
Email:	informationandadvicehub@south-ayrshire.gov.uk

Money Smart

North Ayrshire Health and Social Care Partnership's Money Smart service provides free, confidential and impartial welfare rights for:

- All North Ayrshire Council housing tenants
- Non-NAC tenants, including homeowners, housing association tenants, those living in private lets, and anyone without a fixed address, who:
 - Are engaged with and referred by NAHSCP, NHS A&A or NAC services, or third sector agencies such as foodbanks, Citrus or Women's Aid
 - Have dependent children or are pregnant
 - Have a disability
 - Are carers
 - Are from a minority ethnic background

Debt and money advice is also available for all North Ayrshire Council tenants via the service, as well as non-Council tenants who meet the above eligibility criteria and who are receiving welfare rights advice from Money Smart.

	Telephone: 01294 310000 (option 1)
Email:	MoneySmart@north-ayrshire.gov.uk
Web:	www.nahscp.org/care-support-community/benefits-welfare-rights-and-advice

Social Security Scotland

Social Security Scotland is an Executive Agency of the Scottish Government, a new public service who has responsibility for delivering a number of benefits.

	Telephone: 0800 182 2222
Web:	www.socialsecurity.gov.scot/benefits

South Ayrshire Benefit Services

Benefit support	
	Telephone: 0300 123 0900
Web: www.south-ayrshire.gov.uk/benefits	
Email: benefit.services@south-ayrshire.gov.uk	

Working For Wallacetown

The Working For Wallacetown team are committed to making Wallacetown a place where people are safe, healthy & want to live. Service providers working in partnership with the community, for the community. Residents linking in with Working For Wallacetown can benefit from a wide range of services and groups including: Housing, Employment, Volunteering, Wellbeing, Social Activities / Groups, Fire Safety, Cost of Living Support, Further Education, Youth Clubs / Childrens Activities, Physical Health, Events, Community Safety, Benefits / Money Advice, Training Courses, Family & Adult Learning, Mental Health, Arts & Crafts, Addiction Services	
	Telephone: 0300 123 0900 and ask for Gavin Kennedy (Co-ordinator, Wallacetown)
Email: WorkingForWallacetown@south-ayrshire.gov.uk	

Children and Families Social Work

East Ayrshire - Cumnock

Rothesay House, 1 Greenholm Road, Cumnock, KA18 1LH	Telephone: 01290 427720
--	-------------------------

East Ayrshire - Kilmarnock

The Johnnie Walker Bond, 15 Strand Street, Kilmarnock, KA1 1HU	Telephone: 01563 554200
---	-------------------------

East Ayrshire – Out of Hours Emergency Social Work

The emergency out of hours social work service is available after 5.00pm until 9.00am, Monday to Thursday and after 4.00pm on a Friday until 9.00am on Monday (throughout the weekend). It is also available during public holidays. You will be put through to the Ayrshire Social Work Out of Hours Response Service.	
	Telephone: 0800 328 7758

North Ayrshire - Arran

Shore Road, Lamlash, Arran, KA27 8JY	Telephone: 01770 600742
---	-------------------------

North Ayrshire - Garnock Valley

Craigton Road, Kilbirnie KA25 6LJ	Telephone: 01505 684551
-----------------------------------	-------------------------

North Ayrshire - Irvine

Bridgegate House, Irvine, KA12 8BD	Telephone: 01294 310300
------------------------------------	-------------------------

Ayrshire - Kilwinning

HSCP, Kilwinning Academy, Dalry Road, Kilwinning KA13 7HD	Telephone: 01294 555430
--	-------------------------

North Ayrshire - Largs

Brooksby Medical and Resource Centre, 31 Brisbane Road, Largs, KA30 8LH	Telephone: 01475 687592
---	-------------------------

North Ayrshire - Three Towns

The Town Hall, Countess Street, Saltcoats, KA21 5HW	Telephone: 01294 310005
--	-------------------------

North Ayrshire - CASST (Children's Adolescence Substance Support Team)

Ardrossan Area Team, 2 Aitken Place, Ardrossan KA22 8PR	Telephone: 01294 468213
--	-------------------------

North Ayrshire – Child Protection Team

Cunninghame House, Irvine, KA12 8EE	Telephone: 01294 310359
--	-------------------------

South Ayrshire - Girvan, South Carrick and Maybole

17 Knockcushan Street, Girvan, KA26 9AG	Telephone: 01465 716123 / 712299
--	-------------------------------------

South Ayrshire - Ayr, Prestwick and Troon

181 Whitletts Road, Ayr, KA8 0JZ	Telephone: 01292 267675
----------------------------------	-------------------------

South Ayrshire – Young Peoples Support and Transition Team

McAdam House (Rear of Building), 34 Charlotte Street (Cromwell Road Entrance), Ayr, KA7 1EA	Telephone: 01292 612092
---	-------------------------

Education, Training and Employment Support

Auchinleck Community Development Initiative (ACDI)

Working with any resident of Auchinleck and surrounding villages (or those about to move into the area) who are 16+. Offering support with employability, benefits and finance and maximising income.	
Boswell Centre, 18 Well Road, Auchinleck, KA18 2LA	Telephone: 01290 428477
Email: paulacdi.step@hotmail.com	

Ayrshire College

Ayrshire College is a Further Education institution in Scotland. The College has three large campuses in Ayr, Kilmarnock and Kilwinning. All campuses offer modern facilities with exciting learning and social spaces. Ayrshire College offers a wide range of courses.	
	Telephone: 0300 303 0303
Email: info@ayrshire.ac.uk	
Web: http://www1.ayrshire.ac.uk/	

CEIS Ayrshire

Are you unemployed, looking for help to find a job, enter further education or training? Through our current services, CEIS Ayrshire will be there to guide and support you on your journey.	
CEIS Ayrshire have offices in Irvine and Stevenston. We currently run stages 1 to 5 of North Ayrshire Council's employability pipeline for North Ayrshire residents aged 16+. In conjunction with SDS and DWP, we have opened up a Youth Hubs in Stevenston, Irvine & Beith where 16-24 year olds can access direct employability support.	
	Telephone: 01294 322707
Email: enquiries@ceisayrshire.co.uk	
Web: www.ceisayrshire.co.uk	
Facebook: https://www.facebook.com/CEISGroup	

Connect South Ayrshire

Offers a free community information service with multiple access routes via phone, email, website and face to face at the Hub.
--

The Connect South Ayrshire phone line is open Monday to Friday 9.00am-5.00pm, the Hub is open Monday to Friday from 9.00am-12.30pm and 1.00pm-4.00pm providing drop ins daily. The service provides signposting to a variety of public and charitable services covering a variety of topics including benefit enquires, income maximisation, employment support, housing issues and many more.

It also offers access to volunteering opportunities, information on local activities and events and access to a low-cost tail nail cutting service on an appointment basis and access to a food pantry (qualifying postcodes only).

Whatever your enquiry the team will endeavour to deliver the right information at the right time.

53 Sandgate, Ayr KA7 1DA	Telephone: 0800 432 0510
--------------------------	--------------------------

Email: enquiries@connectsa.scot

Website: www.connectsouthayrshire.org

East Ayrshire Volunteer Centre

Volunteering can give you experience and skills while building confidence. Drop into our office in Kilmarnock (Monday and Wednesday between 10.00am and 3.00pm) or Cumnock (Tuesday and Thursday between 10.00am and 3.00pm).

28-30 Grange Street, Kilmarnock, KA12DD	Telephone: 01563 544765
---	-------------------------

Email: volunteer@eav.org.uk

Web: www.volunteerscotland.net

North Ayrshire Employability Mentor Programme

Helping individuals within the justice system to improve their knowledge, skills, and education to enhance their prospects of gaining employment. Advice can be offered on the following:

- CV & Employability Skills
- Vocational Training
- Further Education
- Voluntary Work
- Support to access local Employability Hubs
- Links to wider partner organisations

	Telephone: 01294 608900
Email: empprogramme@north-ayrshire.gov.uk	

Parental Employability Hub

We Work for Families help with CVs, online applications, training, workshops, etc to parents living in North Ayrshire.	
We Work for Families, Parent Hub, 82-84 Glasgow Street, Ardrossan, KA22 8EH	Telephone: 01294 608952 (Opt 2)
Email: wwff@thelennoxpartnership.org	
Website: http://www.thelennoxpartnership.org/	

Positive Steps with Partners

A project for residents in North Ayrshire who are unemployed and face barriers to employment. Offering personal development courses, coaching, mindfulness sessions, volunteer work placements and group challenges. The project helps long term unemployed people gain new skills and experiences that will help them progress toward employment.	
The Ayrshire Community Trust, 27 Vernon Street, Saltcoats KA21 5HE	Telephone: 01294 443044
Email: cheryl@tact.scot	

Skills Development Scotland

Skills Development Scotland - Offer career information, advice, and guidance to people of all ages. SDS Careers Advisers support customers into education, employment and training and offer advice and guidance to customers at all stages of their career.	
SDS services are delivered in our Ayrshire offices listed below and via our online web service www.myworldofwork.co.uk	
North Ayrshire Employability Hub 82-84 Glasgow Street Ardrossan, Ayrshire, KA22 8EH Open Tuesday and Thursday 9.00- 5.00pm	Telephone: 01294 272421

<p>East Ayrshire Skills Development Scotland Centre Stage 15 Elmbank Street, Kilmarnock, KA1 3AE Open Monday – Thursday 9.00am – 5.00pm</p> <p>South Ayrshire Ayr SDS Careers Centre 37 Carrick Street, Ayr, KA7 1NS Open Tuesday – Friday 9.00am – 5.00pm (Closed 12.00 – 1.00pm for lunch)</p> <p>**New location from 6th May 2025** SDS Ayr Centre Ayrshire College (Ayr Campus) Dam Park Building Ayr KA8 0EU</p>	<p>Telephone: 01563 527165</p> <p>Telephone 01292 281421</p>
<p>Web: https://www.skillsdevelopmentscotland.co.uk/</p>	

South Ayrshire LEADS

<p>The South Ayrshire LEADS training team, within South Ayrshire Council, are passionate about developing a trauma informed and responsive South Ayrshire for staff, partners, and communities. We offer training to raise awareness of trauma, types, and it's impacts; self-care and organisational care; behaviour regulation and trauma responses; and how to offer safety and stability by ensuring the 5 principles of trauma informed practice are at the heart of everything we do.</p>	
	<p>Telephone: 0300 123 0900 and ask for Angi Pinkerton</p>
<p>Email: angela.pinkerton@south-ayrshire.gov.uk</p>	

Street League

Street League engages individuals through a structured programme of education, football, and fitness. Our aim is to challenge attitudes, increase confidence, set goals, and explore options for progressions, offering one to one support and guidance. We ensure that individuals are physically active every day, improving their motivation, contribution and preparing them for appropriate progression in line with their needs and choices.

Powerleague, Queens Drive,
Kilmarnock, KA1 3XF

Web: www.streetleague.co.uk

The Ayrshire Community Trust (TACT)

A small charity based in Saltcoats offering services to individuals and the community and voluntary sector across North Ayrshire. TACT aim to deliver programmes and projects that make a difference to people's lives by encouraging, supporting and promoting community action.

TACT carries out a range of additional functions which we believe work towards making North Ayrshire a great place to stay. These include:

- **Volunteering** - support to discuss volunteering and identify suitable volunteering opportunities within your local area.
- **Employability Support** – we offer training to help people progress into work.
- **Training** – we offer training to local individuals and local groups and organisations.
- **Youth Work** – we work with others who work with young people to promote volunteering, in particular encouraging young people to gain a Saltire Award for their efforts.

27 Vernon Street, Saltcoats, KA21
5HE

Telephone: 01294 443044

Email: info@tact.scot

Web: www.tact.scot

Thriving Communities - Employability

Thriving Communities - Employability Providing a range of flexible services to support young people and adults into employment across South Ayrshire. Support includes:

- Work placements

<ul style="list-style-type: none"> • Group work • One-to-one support • Confidence building • Develop your work readiness skills • Personal development • Vocational tasters 	
Grain Exchange, High Street, Ayr, KA7 1LU	Telephone: 01292 612301
Email: thrivingcommunitiesadmin@south-ayrshire.gov.uk	
Web: https://www.south-ayrshire.gov.uk/thriving-communities-employability	

Thriving Communities - Health & Wellbeing

Offering a wide range of volunteering opportunities for anyone in South Ayrshire looking to upskill themselves and give back to communities. Access to a range of coach education opportunities is available including National Governing Body sports specific courses, first aid and safeguarding and protecting children.	
	Telephone: 01292 612868
Email: CoachingAndVolunteering@south-ayrshire.gov.uk	
Web: www.activesouthayrshire.co.uk/cv/volunteering/	

Voluntary Action South Ayrshire

Help link people into volunteering opportunities in South Ayrshire.	
1st Floor Boswell House, 10-12 Arthur Street, Ayr	Telephone: 01292 432661
Email: enquiries@vasa.scot	
Web: www.southayrshirelifeline.org/	

WG13

Supporting people in East Ayrshire to gain experience and qualifications to help them move into employment in the hospitality and leisure sector.	
13-15 West George Street, Kilmarnock, KA1 1DH	Telephone: 01563 594600
Web: https://wg13.co.uk/	

Working For Wallacetown

The Working For Wallacetown team are committed to making Wallacetown a place where people are safe, healthy & want to live. Service providers working in partnership with the community, for the community. Residents linking in with Working For Wallacetown can benefit from a wide range of services and groups including: Housing, Employment, Volunteering, Wellbeing, Social Activities / Groups, Fire Safety, Cost of Living Support, Further Education, Youth Clubs / Childrens Activities, Physical Health, Events, Community Safety, Benefits / Money Advice, Training Courses, Family & Adult Learning, Mental Health, Arts & Crafts, Addiction Services

Telephone: 0300 123 0900 and ask for Gavin Kennedy (Co-ordinator, Wallacetown)

Email: WorkingForWallacetown@south-ayrshire.gov.uk

Emotional Support and Counselling

Action Against Stalking

Our primary purpose is to support victims of stalking. Stalking is a devastating crime for victims. Its effects can be hugely traumatic. At Action Against Stalking, we understand the psychological, physical, emotional, and financial impact a stalker can have. We provide professional care and support for victims as they seek to regain control of their lives. We are based in Scotland but provide online support for victims regardless of geographical location.

Telephone: 0800 820 2427

Email: enquiries@actionagainststalking.org

Web: <https://www.actionagainststalking.org>

Age Concern Scotland

Age Concern Scotland is an independent, recognised organisation working throughout Scotland to help make the lives of older people more secure, comfortable, dignified and enjoyable.

Web: <https://www.ageconcernscotland.org.uk/>

AMINA

The Muslim Women Resource Centre is Scotland's leading women's rights organisation for Muslim and BME women, including employability support and wellbeing service.

McCormick Business Centre, 50
Darnley Street, Pollokshields,
Glasgow, G41 2SE

Telephone: 0141 212 8420

Email: info@mwrc.org.uk or helpline@mwrc.org.uk

AMIS

We are Scotland's helpline for male domestic abuse victims.

Telephone: 03300 949 395

Web: <https://amis.org.uk/>

Are You Okay

A national advice line Supporting male victims of domestic violence, their concerned friends and family and frontline workers who support male victims.	
	Telephone: 0808 801 0327 - Free from landlines and most mobiles
Web: www.mensadviceline.org.uk	

ASSIST

ASSIST is a free phoned based independent domestic abuse advocacy service. We support people of all genders whose partner or ex-partner has a domestic abuse case going through the criminal court.	
	Telephone: 0141 276 7710
Web: https://www.assistscotland.org.uk/	

Break the Silence

Break the Silence provides Counselling for people who live in East and North Ayrshire who have been. Affected by sexual trauma. Options for support include one to one professional counselling using qualified Psychotherapists, outreach counselling, couple support, complementary therapies, advocacy, group activities, and volunteering opportunities.	
	Telephone: 01563 559558
Email: info@breakthesilence.org.uk	
Web: www.breakthesilence.org.uk/	

Breathing Space

Breathing Space is a free, confidential phone and web-based service for people in Scotland, aged over 16, experiencing low mood, depression or anxiety. Our advisors come from a range of mental health, counselling and social work backgrounds. There is an equal ratio of male to female advisors, who may be part-time or full-time. Breathing Space is not a volunteer service. Our advisors at Breathing Space provide a safe and supportive space by listening, offering advice and providing information.	
The phone line is available:	
<ul style="list-style-type: none">• Weekdays (Monday-Thursday) 6.00pm–2.00am• Weekends (Friday-Monday) 24 hours (6.00pm Friday–6.00am Monday)	

We also offer a webchat service which is open throughout the week during the out-of-hours period and can be contacted via the details on the Breathing Space website.

Telephone: 0800 838587

Email: breathingspaceresources@nhs24.scot.nhs.uk

Web: www.breathingspace.scot

Disclosure Scheme for Domestic Abuse Scotland

The disclosure scheme gives people the right to ask about the background of their partner. It also allows concerned relatives and friends, the right to ask about someone's partner. They can ask if they have been abusive in the past. DSDAS also gives Police Scotland the power to tell people that they may be at risk.

Web: <https://www.scotland.police.uk/advice-and-information/domestic-abuse/disclosure-scheme-for-domestic-abuse-scotland/>

FearFree

FearFree: support for people experiencing domestic abuse in Scotland who identify as a man or from the LGBT+ community.

Telephone: 0131 624 7270

Email: fearfreeinfo@sacro.org.uk

Web: <https://fearfree.scot/>

Moving on Ayrshire

Offering a free one-to-one person-centred counselling service for survivors (aged 13 years and upwards) of sexual abuse and rape in South Ayrshire. We also see family and friends who have been affected by what has happened to their loved one and may require some emotional support. This takes place in a comfortable environment and can enable individuals to address issues and work towards a healthier and happier future.

Often the judicial outcomes can have an enormous effect on our clients, we are not only dealing with what has happened to the survivor but also the impact of the verdict. Moving On Ayrshire ensures respect for privacy and dignity and careful attention to client consent and confidentiality. Our

counsellors are British Association for Counselling & Psychotherapy (BACP) registered.	
Referral can be made direct by self or through any professional body. Referrals are taken by phone or by email (please see below).	
1 Beresford Court, off Beresford Lane, Ayr, KA7 2DW	Telephone: 01292 290546
Email: enquires@movingonayrshire.com	
Web: www.movingonayrshire.com	

NODA

A group of compassionate volunteers who sit with people who are dying and also support those with families by offering companionship and a break. Our aims are to:	
<ul style="list-style-type: none"> • Provide TLC end of life training • 1 to 1 support from moment of diagnosis • Vigiling service for final hours • Bereavement counselling • Support for after the last breath including keeping your loved one at home • Wellbeing support including drumming for health • Regular health walks • Campaigning for change • Sandy's toolbox • CBT (cognitive behavioural therapy) • EMDR (eye movement desensitisation reprogramming for PTSD & trauma release) • Celebrancy service 	
49 Bank Street, Irvine, KA12 0LP	Telephone: 073930498 763 / 07858 151 969
Web: www.noda.org.uk	

Penumbra – Self Harm Support Service

The North Ayrshire Self-Harm Support Service provides a non-judgemental, person centred service to residents of North Ayrshire who self-harm, including adults. The project provides one-to-one support to
--

people who wish to reduce/stop self-harm as well as working throughout North Ayrshire to raise awareness of self-harm issues.

Telephone: 01294 602687

Rape Crisis Scotland National Helpline

Rape Crisis Scotland is Scotland's leading organisation working to transform attitudes, improve responses and ultimately to end rape and sexual violence in all its forms.
--

Telephone: 08088 01 03 02

Web: https://www.rapecrisisscotland.org.uk/
--

Refuge

If you're a man experiencing domestic abuse in the UK, Refuge can help.

Telephone: 0808 2000 247

Web: https://refuge.org.uk/support-for-men/
--

Respect Helpline

Choose to stop: We provide help for domestic violence perpetrators
--

Telephone: 0808 802 4040

Web: https://respectphoneline.org.uk/
--

Respect Men's Advice Line

The Helpline for male victims of domestic abuse.
--

Telephone: 0808 801 0327

Web: https://mensadviceline.org.uk/
--

Routes OUT

Offering support to women who sell sex.

75 Robertson Street, Glasgow, G2 8QD

Telephone: 0141 276 0737

Web: www.routesout.org

Scotland's Domestic Abuse and Forced Marriage Helpline

The helpline offers support to anyone with experience of domestic abuse or forced marriage, as well as their family members, friends, colleagues and professionals who support them. Providing a confidential, sensitive service to anyone who calls.	
	Telephone: 0800 027 1234 – 24 hrs helpline
Email: helpline@sdaafh.org.uk	
Web: www.sdaafh.org.uk	

Scottish Refugee Council

Advice, information and assistance to asylum seekers and refugees	
	Telephone: 0800 196 7274
Web: http://www.scottishrefugeecouncil.org.uk	

Shakti Women's Aid

Help for BME women, children and young people who are experiencing or who have experienced domestic abuse.	
Norton Park, 57 Albion Road Edinburgh, EH7 5QY	Telephone: 0131 475 2399 or 0800 027 1234
Web: https://shaktiedinburgh.co.uk/	

The STAR Centre: Ayrshire Rape Crisis

Offering free and confidential support to anyone across Ayrshire, of any ethnicity, aged 13+ who has experienced sexual violence (women, girls, men, boys and those who identify as transgender or non-binary).	
	Telephone: 01563 544686
Email: admin@starcentreatyrshire.org	
Web: https://starcentreatyrshire.org/	

Touched By Suicide

Support anyone bereaved by suicide of a family member or friend throughout Scotland.	
	Telephone: 01294 274273 / 01294 229087
Email: touchedbysuicidescotland@hotmail.co.uk	
Web: www.touchedbysuicidescotland.wordpress.com/	

Trafficking Awareness Raising Alliance (TARA)

Helping women in situations of sexual exploitation and assist them access other support services including access to safe accommodation. TARA is a named First Responder for The National Referrer Mechanism and can provide advice, guidance and additional information for partner agencies.	
	Telephone: 0141 276 7724
Web: www.tarascotland.org.uk	

Victim Support Scotland

Empowering people affected by crime. We offer free and confidential community and court support. Our support workers and volunteers are available to victims of crime and witnesses in person, over the phone and in the courts throughout Scotland. We support you no matter who you are, and no matter what the crime.	
You can access our services regardless of whether you have reported the crime or not to the police. Our services are free, independent and confidential. For new referrals or support, please call our free helpline or visit our website.	
	Helpline: 0800 160 1985 Open 8.00am – 8.00pm Monday to Friday.
Website: https://victimsupport.scot/	

Women's Aid

Offering advice, support and refuge accommodation to women and children who have experienced domestic abuse.	
South Ayrshire	Telephone: 01292 266482; Crisis Line 01292 266482
North Ayrshire	Telephone: 01294 602 424
East Ayrshire	Telephone: 01563 536001 (Kilmarnock) or 01290 423434 (Cumnock)
Web: http://southayrshirewomensaid.org.uk/	
Web: http://nawomensaid.co.uk/	
Web: https://eastayrshirewomensaid.org.uk/	

Family Support

Barnardo's

Barnardo's offers relevant services across Ayrshire (with offices in East, North and South Ayrshire) and some National (Scotland) ones which are available Locally too. Service offer and funding changes regularly and a post code search is available online.	
	Telephone: 01294 556208
Email SouthWestScotland@barnardos.org.uk	
Web: www.barnardos.org.uk	

Barnardo's Attainment Challenge

Barnardo's know that family comes first, so that's where they start from. They will take the time to get to know you and give you a chance to build a relationship. Visiting families at home and support areas such as relationships, financial issues, routines / boundaries, and parenting. Part of the support can take place on a one-to-one basis to support areas such as confidence, self-esteem, emotional well-being and social skills. This work can support children and parents in school or at home.	
	Telephone: 01294 556208
Email: SouthWestScotlandServices@barnardos.org.uk	

Barnardo's Children & Family Service

Alcohol & Substance Misuse: To support children, young people aged 11-17 from across East Ayrshire, to reduce their alcohol/drug use to safe levels and improve their personal outcomes.	
Domestic Violence: To support children, young people, and their families across East Ayrshire who are affected by domestic abuse where alcohol is a factor.	
Seasons for Growth: An 8-week loss and grief peer group education program to support young people aged 6-18 years across East Ayrshire who are affected by change, loss, and grief.	
	Telephone: 01563 530646
Email: SouthwestScotla@barnardos.org.uk	

Barnardo's Family Resource Service

Supporting families with children aged 0-12 years within Ayr, Prestwick and Troon localities and the outlying villages. Support is provided through building relationships with individuals and families to ensure there is a level of trust and meaningful engagement to enable partnership work to be undertaken.

Telephone: 01294 556208

Email: SouthwestScotla@barnardos.org.uk

Barnardo's Intandem Service

An Ayrshire wide project that supports children aged 8-14 years that are Looked after and living at home. The mentor will meet up with the young person usually once a week for around 1-2 hours. The mentor will provide activities and outings to suit the young person's needs/choice. The service aims for the mentor to build a positive, trusting, supportive and secure relationship with the young person.

Telephone: 01294 556208

Email: SouthwestScotla@barnardos.org.uk

Barnardo's Stronger Connections

Supporting children pre-birth to 12 years and their families affected by parental substance misuse across South Ayrshire. Support is provided through building relationships with individuals and families to ensure there is a level of trust and meaningful engagement to enable partnership work to be undertaken.

Intensive support for families delivered through weekly home visits, this can help with implementing household routines, practical & emotional support for families and assistance with income maximisation.

Therapeutic services group work sessions available to parents and children.

Parenting Groups & Support groups for parents / carers to build self-confidence and further develop skills.

Telephone: 01294 556208

Email: SouthwestScotla@barnardos.org.uk

Barnardo's Stronger Futures

Supporting young people 12-25 years across South Ayrshire with emerging substance use. Support is provided through building relationships with individuals and families to ensure there is a level of trust and meaningful engagement to enable partnership work to be undertaken.

Family support: supporting young people and their families via home visits and community links with partner agencies.

1:1 support can be carried out in school, at home or in the community weekly. This support helps to educate young people around alcohol and drugs and the impact it has on their daily lives, enabling them to make positive choices for their future.

Telephone: 01294 556208

Email: SouthwestScotla@barnardos.org.uk

Carers Centre (East, North and South Ayrshire)

A carer is someone who provides support to family or friends who could not manage without this help. This could be caring for a relative, partner or friend who is ill, frail, disabled or has mental health or substance misuse problems. At the Carers Centre they can provide -

- 1:1 Support, advice on different benefits and help filling in forms, completion of Carers Support Plans, respite opportunities
- Weekly support groups, social and leisure opportunities throughout the year
- Fuel and energy advice

Kilmarnock Carers Centre, 20 The Forge, Kilmarnock, KA1 1LU

Telephone: 01563 571533

Carers Cottage, Howard Park, Kilmarnock, KA1 1SA

Telephone: 01563 559251

Cumnock Carers Centre, 39 Barrhill Road, Cumnock, KA18 1PG

Telephone: 01290 426404

Telephone: 01292 550696

Dalmellington Carers Centre, 1 Townhead, Dalmellington, KA6 7QZ	
Email: admin@eastayrshirecarers.org.uk	
Web: https://www.eastayrshirecarers.org.uk/	
43 Sandgate, Ayr, KA7 1DA	Telephone: 01292 263000
174 High Street, Irvine, KA12 8AN	Telephone: 01294 311333

East Ayrshire Early Intervention and Prevention Service – Play and Bonding

Working with children, families, and whole communities to ensure improved quality of life using unique, asset-based approaches.

The Play in Prison element of this, which supports people in custody and their families by encouraging positive play, bonding, and attachment. The project provides positive play experiences and the development of relationships for people in custody, their children, and families in the most natural environment possible. The sessions delivered have also proven to be an excellent incentive for good behaviour within the prison and assist imprisoned parents and carers in maintaining meaningful contact with their children, thereby improving outcomes for parent and child.

Telephone: 07875746998

Email: Tammy.devlin@east-ayrshire.gov.uk

Families Outside

Support and Advice for Families Affected by Imprisonment

When someone goes to prison it can be a challenging time for the whole family. At Families Outside we are here to provide you and your family with information and support regarding any issues you might be facing as a result of your family member's imprisonment. We can help you

- To understand what will happen at different stages of the justice process following your family member's arrest
- To stay in touch with your family member while they are in prison
- To support any children and young people in your family at this challenging time

- To access the support available to you from the prison and other relevant organisations

Our Helpline, 0800 254 0088, provides impartial information and support and is often the first port of call for families looking for help

If you are looking for information or support, please contact our helpline on **0800 254 0088** or support@familiesoutside.org.uk.

If you would like support, or a professional who would like to refer someone, please get in touch.

Or visit our website www.familiesoutside.org.uk for all information and resources available for families and professionals.

Freephone: 0800 254 0088

Email: support@familiesoutside.org.uk

Ayrshire: nadine.sloan@familiesoutside.org.uk

Parental Employability Hub

We Work for Families help with CVs, online applications, training, workshops, etc to parents living in North Ayrshire.

We Work for Families, Parent Hub,
82-84 Glasgow Street, Ardrossan,
KA22 8EH

Telephone: 01294 608952 (Opt 2)

Email: wwff@thelennoxpartnership.org

Website: <http://www.thelennoxpartnership.org/>

Recovery Enterprises Scotland CIC - Foundations Hub

Operating two support hubs: Foundations Hub in Kilmarnock town centre and Foundations Hub Visitors Centre within HMP Kilmarnock. Our in-prison support service, Inside Out, provides pre- and post-release support for individuals in custody, ensuring they have access to housing, financial assistance, mental health and addiction support, and employability pathways. We work closely with partner organisations to deliver comprehensive reintegration plans for those returning to East Ayrshire.

In addition to our work within HMP Kilmarnock, we also provide support to people in custody at HMP Barlinnie and are developing our partnership with them to expand our services. We also accept referrals from other SPS establishments for individuals returning to East Ayrshire, ensuring they receive structured pre-release planning and continued post-release support in the community.

We offer specialist support for families of those in custody, providing emotional support, practical guidance, and access to financial and housing assistance. Our close working relationship with HMP Kilmarnock allows us to offer family-focused support, involving families in pre- and post-release plans and providing ongoing, time-unlimited support tailored to their needs.

Support continues at our community-based Foundations Hub, where we assist with housing applications, benefits claims, addiction recovery, employability pathways, and mental health referrals. Our person-centred approach ensures individuals and families receive the support they need to build a stable and positive future.

4 St Marnock Place, Kilmarnock,
KA1 1DU

Lorna Dalziel, Director
– 07752002361
Margaret Thomson, Project Leader
– 07717122204
Ronnie Skeet, Project Leader
– 07752002356

Email: (Lorna) lornadrecoverypenterprises54@gmail.com
(Margaret) Margaretrecoverypenterprises@gmail.com
(Ronnie) recoverypenterprises@outlook.com

Working For Wallacetown

The Working For Wallacetown team are committed to making Wallacetown a place where people are safe, healthy & want to live. Service providers working in partnership with the community, for the community. Residents linking in with Working For Wallacetown can benefit from a wide range of services and groups including: Housing, Employment, Volunteering, Wellbeing, Social Activities / Groups, Fire Safety, Cost of Living Support, Further Education, Youth Clubs / Childrens Activities, Physical Health, Events, Community Safety, Benefits / Money Advice, Training Courses, Family & Adult Learning, Mental Health, Arts & Crafts, Addiction Services

	Telephone: 0300 123 0900 ask for Gavin Kennedy (Co- ordinator, Wallacetown)
Email: WorkingForWallacetown@south-ayrshire.gov.uk	

Fairer Food Network (North Ayrshire)

North Ayrshire Fairer Food Community Food Places - Google My Maps

The Village Larder, Community Centre, Corse Street, West Kilbride, KA23 9AX	thevillagelarderwk@gmail.com
The Wee School Pantry, Bridgend Community Centre, Bridgend, Kilbirnie, KA25 7DJ	admin@bridgendcommunitycentre.co.uk
Dalry Community Larder, Street Margaret Avenue, Dalry, KA24 4BA	Campbelllynette2@aol.com
Cranberry's Community Larder, Cambusdoon Place, Kilwinning, KA13 6SL	linzicranberrymoss82@gmail.com
Woodwinds' Wee Shoap, 50 David Gage Street, Kilwinning, KA13 7EF	officeaces@yahoo.com
Tap End Larder, Hayocks Hall, Hyslop Road, Stevenston, KA20 4HP	hayockscommunitycentre@outlook.com
Ardeer Food Larder, Ardeer, Community Centre, Shore Road Stevenston, KA20 3LA	christina.Smith@jamesfrew.co.uk
Argyle Community Shop, Campbell Avenue, Saltcoats KA21 5AG	argylecommunityassociation@gmail.com
The Quaint Larder, Carrick Place, Ardrossan, KA22 7DT	whitelescentre@gmail.com
South Ardrossan Larder, 150 Glasgow Street, Ardrossan, KA22 8EU	info@northayrshire.foodbank.org.uk
The Farm Basket, Towerlands Community Centre, Bourtreehill, Irvine, KA11 1PY	towerlandscass@yahoo.com
Choices Community Matters, Fullarton Street, Irvine, KA12 8DQ	donnafitzpatrick1@msn.com

Springside Community Larder, Overtoun Road, Springside, Irvine, KA11 3BG	elainebarr1969@gmail.com
Ecosavvy, Arran	jess@arranecosavvy.org.uk
Millport Community Shop, The Garrison, Millport	millportcommunityshop@gmail.com
Largs Food Hub, rear of Largs Library, 6 Allanpark Street, Largs, KA30 9AG	largsfh@gmail.com

Foodbanks

East Ayrshire Foodbank, Bellford Mill, 16 Brewery Road, Kilmarnock, KA1 3HZ	Telephone: 01563 574000
---	-------------------------

North Ayrshire Foodbank, 150A Glasgow Street, Ardrossan, KA22 8EU	Telephone: 01294 601312 (Mon – Fri 10.00am – 2.00pm)
---	---

Independent Foodbank - Girdle Toll Parish Church, 2 Littlestone Rise, Girdle Toll, Lawthorn, Irvine KA11 2BJ	Telephone: 07936975577 Friday 4.00pm – 6.00pm No red referral voucher required as not affiliated to the North Ayrshire Foodbank.
--	--

Independent Foodbank - Clark Memorial Church, Bath St, Largs KA30 8BL	Telephone: 07482 508875 Thursday Noon - 4.30pm. No red referral voucher required as not affiliated to the North Ayrshire Foodbank.
--	--

South Ayrshire Foodbank, New Life Church, 62 Monkton Road, Prestwick, KA9 2PA	Telephone: 07599071114 / 07938906636
---	---

Health

Active Communities

Access a range of sport and physical activity opportunities across South Ayrshire to support your physical and mental wellbeing. Sessions include sport, fitness and walking and are fun, sociable and a great way to keep active, meet new people and improve your health.

Web: www.activesouthayrshire.co.uk/activecommunities/

Active North Ayrshire

A local physical activity on referral programme in North Ayrshire. You can be referred to the programme by your GP or health professional and we will support you to become more active with activities and physical activity that are fun and enjoyable. Whether you are recovering from a heart attack or stroke, have a lifelong condition, poor mental health or simply need additional support to lose weight we have activities and classes suitable for everyone delivered by our highly experienced and qualified team.

Telephone: 01294 270796

Email: activelifestyles@kaleisure.com

Web: <https://kaleisure.com/>

Ayr Action Against Mental Health

Support at Strathayre House in Ayr and outreach services available with meals at cost price.

Strathayre House, 42 Prestwick Road, Ayr, KA8 8LB

Telephone: 01292 619600

Email: enquire@aamh.org.uk

Web: <http://www.aamh.org.uk/home-2/>

Better Health Hub

NHS Ayrshire & Arran's Better Health Hub aims to support people to live healthier lives. Staff will listen, help, and support you to take positive steps to improve your health. The Better Health Hub provides support and information on a wide range of matters that can impact health and wellbeing and signpost or refer to services within the community that can offer further support.

Telephone: 01563 826511

Email: aa-uhb.betterhealthhub@aapct.scot.nhs.uk

NHS Near Me: https://nhsattend.vc/ayrshire/bhhub
--

Community Health Activity Team (CHAT)

East Ayrshire's Activity on Prescription (AoP) scheme is a programme supporting adults to adopt a healthier lifestyle. You can be referred by your health professional to receive 1-1 support and advice on how you can take steps to improve your health. Our highly qualified team can support individuals with a history of heart disease, neurological issues, at risk of falls, have MSK or pain management concerns or have received a recent cancer diagnosis to name just a few.

In addition to general lifestyle advice, adults are supported and encouraged to increase their physical activity levels by attending a suitable exercise class or walking group.

CHAT also work in partnership with NHS Ayrshire and Arran to deliver specialist weight management programmes to adults, supporting individuals who have an increased BMI and/or multi-morbidities. The programmes contain an education element along with a physical activity component.

The team also support adults in recovery from substance use, are homeless or recently in a new tenancy.

For adults with mild/moderate mental health problems we can offer support through a specific programme which encourages identifying triggers, sharing a range of methods to cope when things escalate and encourage additional adoption of positive lifestyle changes.

Look out for community health checks offered across East Ayrshire to check your blood pressure, height and weight or just to have a chat to one of the team about how you can improve your current lifestyle.

Telephone: 01563 576354

Email: CHAT@east-ayrshire.gov.uk

Facebook: www.facebook.com/eavibrantcommunities

Twitter: www.twitter.com/VbrantEAC
--

Health Information and Resources

Health Information & Resources Service (HIRS) provides all communities of Ayrshire and Arran access to free health improvement information. This includes books, DVDs, teaching packs, leaflets, posters and other materials on a range of health related topics which can be borrowed for use. This service is managed by Public Health within NHS Ayrshire & Arran.	
Ailsa Hospital, Dalmellington Road, Ayr KA6 6AB	Telephone: 01292 885927
Email: hirs@aapct.scot.nhs.uk	
Website: https://www.healthinfohshop.scot.nhs.uk/	

NHS Sexual Health Services Ayrshire

Providing information on all sexual health related matters including, testing, treatment, contraception. For further information or to book a clinic appointment (across Ayrshire) phone, clinic times can be found on the website below.	
	Telephone: 01294 323226
Web: http://shayr.com/	

SARCS

The NHS Scotland sexual assault self-referral phone service can help to arrange care in the days following a rape or sexual assault. The service may be able to arrange for you to have a forensic medical examination (FME) at a SARCS without making a report to the police.	
	Telephone: 0800 148 8888
Web: The Willows Sexual Assault Response Coordination Service (SARCS) - NHS Ayrshire & Arran	

South Ayrshire Community Mental Health Service

Mental Health Treatment available from GP or health and social care partnership referral.	
Ailsa Hospital, Dalmellington Road, Ayr	Telephone: 01292 559777

Vibrant Communities

Vibrant Communities provide a number of opportunities for communities in East Ayrshire to access services to improve their overall wellbeing,

including sport specific and physical activity programmes for children and young people, dedicated health and wellbeing services such as walking and exercise classes for adults and support to local community organisations.

Web: [Vibrant Communities · East Ayrshire Council \(east-ayrshire.gov.uk\)](http://east-ayrshire.gov.uk)

Weigh to Go

A weight management programme, created by NHS Ayrshire & Arran, delivered in local communities. Weigh to go is a 12-week programme, each class consists of 45 minutes of nutritional advice followed by 45 minutes of exercise. Delivered across South Ayrshire.

If you are aged 16 or over and have a body mass index (BMI) of more than 25 then you may be eligible for this programme. For more information contact the Health Development Team.

Telephone: 01292 269793

Email: activityforhealth@south-ayrshire.gov.uk

Weigh to Go

Weigh To Go in North Ayrshire can provide you with support to help you lose or maintain your weight. The programme delivers a combination of both dietary and physical activity education and the opportunity to participate in supported physical activity sessions. Support for your weight loss journey can be provided either 1:1 or within a group setting.

Telephone: 01294 270796

Email: activelifestyles@kaleisure.com

Web: <https://kaleisure.com/>

Working For Wallacetown

The Working For Wallacetown team are committed to making Wallacetown a place where people are safe, healthy & want to live. Service providers working in partnership with the community, for the community. Residents linking in with Working For Wallacetown can benefit from a wide range of services and groups including: Housing, Employment, Volunteering, Wellbeing, Social Activities / Groups, Fire Safety, Cost of Living Support, Further Education, Youth Clubs / Childrens Activities, Physical Health,

Events, Community Safety, Benefits / Money Advice, Training Courses, Family & Adult Learning, Mental Health, Arts & Crafts, Addiction Services	
	Telephone: 0300 123 0900 and ask for Gavin Kennedy (Co- ordinator, Wallacetown)
Email: WorkingForWallacetown@south-ayrshire.gov.uk	

Housing Support

Ayr Housing Aid Centre SCIO

Established in 1986 to provide South Ayrshire residents with free, specialist, accredited housing advice, information, advocacy, representation and Engagement Services.

We provide independent advice and support across all housing areas of law to prevent homelessness, alleviate poverty and give advice on rights and responsibilities including challenging negative Housing and Homeless decisions where there are legal grounds. Assistance is available for assistance in challenging Housing Benefit, UC Housing Element and at Housing Tribunal help at the Property Chamber.

Our Prison Housing Advice Service covers East and South Ayrshire areas.

7 York Street, Ayr, KA8 8AN

Telephone: 01292 288111

Text / Whatsapp : 07549 603895

Email: info@ayrhousingaidcentre.com

Ayrshire Housing Association

119 Main Street, Ayr, KA8 8BX

Telephone: 01292 880120

Email: info@ayrshirehousing.org.uk

CHAP (Community Housing Advocacy Project)

CHAP provides free, confidential and independent advice and information on housing, welfare rights and debt issues across North Ayrshire and also provides advice and information to homeowners across Ayrshire who are threatened with mortgage repossession. CHAP supports those individuals most in need to receive much needed information and support to address issues and problems that affect their everyday lives.

The Michael Lynch Centre for Enterprise, 71 Princes Street, Ardrossan

Telephone: 01294 475636

Email: enquiries@chap.org.uk

East Ayrshire Housing Options

Opera House, 8 John Finnie Street, Kilmarnock, KA1 1DD	Telephone: 01563 554400 Option 5 then option 2 Out of Hours: 03457240000
Email address: homelessness@east-ayrshire.gov.uk	

East Ayrshire Council Neighbourhood Teams

Kilmarnock Irvine Valley & Kilmarnock South, Opera House, 8 John Finnie Street, Kilmarnock, KA1 1DD	Telephone: 01563 554400, Option 5
Email address: housing@east-ayrshire.gov.uk	

Kilmarnock North And Central, Opera House, 8 John Finnie Street, Kilmarnock, KA1 1DD	Telephone: 01563 554400, Option 5
Email address: housingadmincentral@east-ayrshire.gov.uk	

Cumnock & Doon Valley, Rothesay House, 1 Greenholm Road, Cumnock, KA18 1LH	Telephone: 01563 554400 option 5
Email address: HousingAdminCumnock@east-ayrshire.gov.uk	

East Ayrshire Vibrant Communities Housing Support

Offering Housing Support to tenants who have experienced Homelessness or are in danger of becoming homeless. Support includes setting up home, managing finances around the home, sustaining a tenancy and finding support in the community. This is available to all East Ayrshire Local Authority tenants.	
Email address: housingsupportreferrals@east-ayrshire.gov.uk	

North Ayrshire Housing Advice Team

Galt House, 31 Bank Street, Irvine, KA12 0LL	Telephone: 01294 314600 Homeless out of hours - 0800 019 6500
Email: housing-info-advice@north-ayrshire.gov.uk	

North Ayrshire – Dalry / Beith Area Office

2 Sharon Street, Dalry KA24 5DR	Telephone: 01294 836710
Email: dalryhousing@north-ayrshire.gov.uk	

North Ayrshire - Kilbirnie Area Office

Garnock Valley Area Centre, Craigton Road, Kilbirnie KA25 6LJ	Telephone: 01505 685177
Email: kilbirniehousing@north-ayrshire.gov.uk	

North Ayrshire - Largs Area Office

Brooksby Medical & Resource Centre, 31 Brisbane Road, Largs, KA30 8LH	Telephone: 01475 687590
Email: largshousing@north-ayrshire.gov.uk	

North Ayrshire - Irvine Area Office

Bridgegate House, Bridgegate, Irvine, KA12 8BD	Telephone: 01294 310150
Email: irvinehousing@north-ayrshire.gov.uk	

North Ayrshire - Kilwinning Area Office

35 Main Street, Kilwinning, KA13 6AN	Telephone: 01294 552261
Email: kilwinninghousing@north-ayrshire.gov.uk	

North Ayrshire - Three Towns Office (Stevenston / Saltcoats / Ardrossan)

The Town Hall, Countess Street, Saltcoats, KA21 5HW	Telephone: 01294 310005
Email: 3TownsHousing@north-ayrshire.gov.uk	

Riverside Community Trust

Working in partnership with local services to provide support to people facing repeat homelessness and offering options to people with substance misuse. Providing outreach and a drop-in service.	
	Telephone: 01292 262686
Email: help@riversidecommunitytrust.org.uk	
Web: www.riversidecommunitytrust.org.uk	

SeAscape

SeAscape is a specialist homeless service that provides support for individuals who are returning to or presenting homeless in South and East Ayrshire. SeAscape Support Workers link in with the Housing Options departments in South and East Ayrshire and can support people to manage Universal Credit and other benefit claims and entitlements. SeAscape also supports people to settle into their accommodation provided by South and East Ayrshire until they are settled into a secure tenancy.

Unit 1A, Mosshill Industrial Estate,
Ayr, KA6 6BE

Telephone: 01292 285424

Email: enquiries@seascapeayr.co.uk

South Ayrshire Homelessness Standby Service

Out of hours service

Telephone: 0808 100 3151

South Ayrshire Housing Options Team

80-88 Kyle Street, Ayr, KA7 1RZ

Telephone: 0300 123 0900

Email: HousingOptionsTeam@south-ayrshire.gov.uk

Working For Wallacetown

The Working For Wallacetown team are committed to making Wallacetown a place where people are safe, healthy & want to live. Service providers working in partnership with the community, for the community. Residents linking in with Working For Wallacetown can benefit from a wide range of services and groups including: Housing, Employment, Volunteering, Wellbeing, Social Activities / Groups, Fire Safety, Cost of Living Support, Further Education, Youth Clubs / Childrens Activities, Physical Health, Events, Community Safety, Benefits / Money Advice, Training Courses, Family & Adult Learning, Mental Health, Arts & Crafts, Addiction Services

Telephone: 0300 123 0900 and
ask for Gavin Kennedy (Co-ordinator, Wallacetown)

Email: WorkingForWallacetown@south-ayrshire.gov.uk

Justice Services

Ayrshire Justice Services Partnership Delivery Team

Unit 83, 17 Third Avenue, Irvine, KA12 8HN	Telephone: 01294 322640
Email: PartnershipDeliveryTeam@north-ayrshire.gov.uk	

East Ayrshire Justice Social Work

The Johnnie Walker Bond, 15 Strand Street, Kilmarnock, KA1 1HU	Telephone: 01563 539888 (Opt 4)
Rothsay House, 1 Greenholm Road, Cumnock	Telephone: 01290 428372
Web: https://www.east-ayrshire.gov.uk/SocialCareAndHealth/CriminalJusticeSocialWork/CriminalJustice.aspx	

East Ayrshire – Out of Hours Emergency Social Work

The emergency out of hours social work service is available after 5.00pm until 9.00am, Monday to Thursday and after 4.00pm on a Friday until 9.00am on Monday (throughout the weekend). It is also available during public holidays. You will be put through to the Ayrshire Social Work Out of Hours Response Service.	
	Telephone: 0800 328 7758

Making a Difference (MAD) Peer Support Group

Peer support group in North Ayrshire aimed at people who are or have been involved in the justice system.	
157 New Street, Stevenston, KA20 3HL	Telephone: 01294 463924

Next Chapter Scotland

Next Chapter Scotland exists to help anyone in Scotland who has been involved with the criminal justice system to navigate the stigma and discrimination that they can face throughout their lives. We are run by a Board of Trustees made up of at least 50% people with a criminal record or a close family member of someone with a criminal record. We made this	
--	--

commitment because we believe that people who have lived through the experience should be at the heart of any changes that will improve their lives and the lives of their peers.	
	Telephone: 07591 339 618
Email: support@nextchapterscotland.org.uk	
Web: https://www.nextchapterscotland.org.uk/	

North Ayrshire Justice Social Work

157 New Street Stevenston, KA20 3HL	Telephone: 01294 463924
Web: https://www.nahscp.org/protecting-people/justice-service	
Email: criminaljustice@north-ayrshire.gov.uk	

North Ayrshire Justice Social Work Unpaid Work and Early Intervention

Block 4, Unit 2, Moorpark Industrial Estate, Stevenston, KA20 3JT	Telephone: 01294 608900
Web: https://www.nahscp.org/protecting-people/justice-service	
Email: unpaidwork@north-ayrshire.gov.uk	

Peer Involvement Networking Group (P.I.N.G) Peer Support Group

Peer support group in South Ayrshire aimed at people who are or have been involved in the justice system. Offering free:	
<ul style="list-style-type: none"> • IT skills, training/Education opportunities, • Confidence building and anxiety management • Fitness/sports • Recovery meeting for substance misuse • Information from other services 	
	Telephone: 01292 289749
Pop into your local Justice Services Office for further information.	

Recovery Enterprises Scotland CIC - Foundations Hub

Operating two support hubs: Foundations Hub in Kilmarnock town centre and Foundations Hub Visitors Centre within HMP Kilmarnock. Our in-prison support service, Inside Out, provides pre- and post-release support for individuals in custody, ensuring they have access to housing, financial assistance, mental health and addiction support, and employability

pathways. We work closely with partner organisations to deliver comprehensive reintegration plans for those returning to East Ayrshire.

In addition to our work within HMP Kilmarnock, we also provide support to people in custody at HMP Barlinnie and are developing our partnership with them to expand our services. We also accept referrals from other SPS establishments for individuals returning to East Ayrshire, ensuring they receive structured pre-release planning and continued post-release support in the community.

We offer specialist support for families of those in custody, providing emotional support, practical guidance, and access to financial and housing assistance. Our close working relationship with HMP Kilmarnock allows us to offer family-focused support, involving families in pre- and post-release plans and providing ongoing, time-unlimited support tailored to their needs.

Support continues at our community-based Foundations Hub, where we assist with housing applications, benefits claims, addiction recovery, employability pathways, and mental health referrals. Our person-centred approach ensures individuals and families receive the support they need to build a stable and positive future.

4 St Marnock Place, Kilmarnock,
KA1 1DU

Lorna Dalziel, Director
– 07752002361
Margaret Thomson, Project Leader
– 07717122204
Ronnie Skeet, Project Leader
– 07752002356

Email: (Lorna) lornadrecoverypenterprises54@gmail.com

(Margaret) Margaretrecoverypenterprises@gmail.com

(Ronnie) recoverypenterprises@outlook.com

Sacro Justice Support – North Ayrshire

Sacro support those individuals who are working with Justice Social Work. We can support with all areas of the Justice Star which include:

- Accommodation, living skills and self-care
- Mental Health and Wellbeing
- Friends and Community
- Relationships and Family

<ul style="list-style-type: none"> • Parenting and Caring • Drugs and Alcohol • Positive Use of Time • Managing Strong Feelings • A crime free life 	
	Telephone: 01294 463924 or 0141 248 1763
Email: info@sacro.org.uk	

Saltcoats Custody Navigators (Arrest Referral Service)

This service is only available at Saltcoats Custody Suite.	
<p>The Saltcoats Custody Navigators service is provided by Sacro and works within police custody suites. We are not part of the police. We work with adults in custody who are ready for change. The sole purpose of a custody navigator is to help and support you to make decisions to help you choose a life away from criminal activity. This is not an alternative to the justice system and the proceedings for which you have been arrested will continue.</p> <p>We will arrange to meet you once released from custody and – with your help – design a plan to address any issues you have. This is intended to give you the opportunity to do something different and hopefully to stop you from being arrested again. Further meetings will be arranged to discuss next steps and support you to access interventions and support services. Your custody navigator will stay in contact with you and can arrange transport to interventions and support services if you need it.</p>	
	Telephone: 07772 652208 (Gordon Selwyn)
Email: gselwyn@sacro.org.uk	
Web: sacro.org.uk	

South Ayrshire Justice Social Work

McAdam House, 34 Charlotte Street, Ayr, KA7 1EA	Telephone: 01292 289749
Web: https://hscp.south-ayrshire.gov.uk/article/29233/Justice-Social-Work-Services	

South Ayrshire Justice Social Work – CPO Connect

South Ayrshire Justice Services we have commissioned the Wise Group to deliver their CPO Connect service. This creates opportunities for service users to develop their life skills and digital skills using online learning with trained facilitators. There are over 21 sessions available and service users referred to the service can attend all sessions available. This can also be considered as an option for Other Activity on Unpaid Work. Referrals are submitted by allocated workers to the Wise Group.	
McAdam House, 34 Charlotte Street, Ayr, KA7 1EA	Telephone: 01292 289749

South Ayrshire Justice Social Work – The Spark Counselling Service

South Ayrshire Justice Services commissions The Spark to deliver person centred counselling which is trauma informed and responsive to the needs of service users. Service users can explore accessing this counselling with their allocated worker and opportunities to access this counselling can be explored in supervision and formal case reviews. Service users can meet with The Spark counsellors within the dedicated counselling room at the Justice Office in Ayr and/or have telephone counselling if this is better suited to their needs. Referrals are submitted by allocated workers to The Spark.	
McAdam House, 34 Charlotte Street, Ayr, KA7 1EA	Telephone: 01292 289749

Upside

Providing people in short term custody, or remand with the practical and emotional support they need to transition to community life. The service is voluntary and will address any issues they may have as an individual on release like health, housing, finance, skills and employment. Importantly, Upside can also connect people with family support if required.	
	Telephone: 0800 587 7263
Email: hello@upside.scot	
Web: www.upside.scot	

Venture Trust

We primarily work with people who are currently involved in criminal justice throughout Ayrshire.

Community Outreach:

Our outreach team meet individuals in and around their community in spaces and places where they feel comfortable, relaxed, and able to build a trusting relationship. Over time, participants begin to open up about their life, their experiences, and their future goals – possibly for the first time. Being outdoors gives people a sense of freedom, ownership, and the opportunity to reflect. Our team are highly skilled in carrying out therapeutic conversations which support our participants to identify areas of their life they would like to change, which can include education, employment, relationships, housing, lifestyle choices, and health and wellbeing. Each participant is encouraged to create a map of their life with personal destinations and are supported to reach them.

Wilderness Journeys:

Our journeys take participants out into the stunningly beautiful Scottish wilderness, where they typically travel for anything up to ten days, often wild camping, walking, canoeing, abseiling, climbing, and overcoming challenging terrain. Away from technology, their local environments, networks of family and friends, and the pressures associated, our participants are given the freedom to truly find themselves, leading to an improved sense of worth, confidence, and wellbeing. Our Wilderness Journey leaders are highly trained to help participants safely navigate the physical journey but also attuned to support their individual mental and emotional needs. We use the experiences and challenges of 'living wild' in the great outdoors to enable participants to reflect on day-to-day concerns, behaviours, and choices, helping them to forge a different path when they return home to their communities.

Unit 6 Block 1, Manor Farm Business Park, Stirling FK9 5QD	Telephone: 01786 447 637
---	--------------------------

Email: Gilbert@venturetrust.org.uk

Literacy Support

North Ayrshire Council Community Learning and Development (CLD)

North Ayrshire Council Community Learning and Development (CLD) provide a number of opportunities for communities to improve their overall wellbeing, including health and mental health programmes, community based adult learning opportunities, walking groups for adults, groups for over 50s and support to local community organisations. We also offer support for adults living in North Ayrshire who wish to improve their reading, writing, spelling or number skills and support for people for whom English is not their first language.

Web:

<https://www.north-ayrshire.gov.uk/education-and-learning/adult-learning>

<https://www.north-ayrshire.gov.uk/libraries-parks-leisure/youth-groups>

Email:

irvinelocalityteam@north-ayrshire.gov.uk

kilwnclocality@north-ayrshire.gov.uk

3townslocality@north-ayrshire.gov.uk

garnockvalleylocality@north-ayrshire.gov.uk

adultlearning@north-ayrshire.gov.uk

youthwork@north-ayrshire.gov.uk

Thriving Communities – CLD Adult Literacies and ESOL

Adult Learning offers free support to adults living in South Ayrshire who wish to improve their reading, writing, spelling or number skills. We also offer basic computing courses and support for people for whom English is not their first language.

Students can learn in a small group or on a one-to-one basis with their own tutor. Our service is run by professional staff and supported by trained volunteer tutors. The service delivers and supports a range of learning opportunities across the authority that include:

Individual and groups sessions for ESOL. Programmes offered in localities both during the day and in the evening. Group sessions are in person, online and blended and are available Monday to Friday.

	Telephone: 07907847870
Email: thrivingcommunitiesadmin@south-ayrshire.gov.uk	
Web: www.south-ayrshire.gov.uk/article/37966/Adult-Learning	

Vibrant Communities – Lifeskills and Inclusion

Aged 16 and over and living in East Ayrshire, we offer a free and confidential service for adult learners who may need help and support with reading, writing and number skills. We can provide first step courses to numeracy learning and accredited formal learning opportunities specific to money management and life skills. The Lifeskills and Inclusion team can help you:

- Build your confidence with words and numbers
- Understand forms and letters
- To support your child's learning
- build your confidence in handling money and budgeting money.
- support your numeracy learning so you are better equipped to support your child's numeracy learning
- progress onto formal numeracy qualifications (Money MOT Customised Award)

Lifeskills and Inclusion Multiply team provides numeracy lifeskill supports to adults 16+ living in East Ayrshire. Offering numeracy first step courses, providing first steps to engagement and learning around numeracy with an objective to build confidence in everyday numeracy skills.

Lifeskills and Inclusion Multiply also provide accredited learning opportunities with our SQA Money MOT customised award at SCQF Level 3, 4 and 5. Money MOT covers topics around: banking, saving, best value, shopping, borrowing, paying bills and budgeting.

Vibrant Communities 175-177 Western Rd, Kilmarnock	Telephone: 01563 578127
Email: vibrantcommunities@east-ayrshire.gov.uk	

Working For Wallacetown

The Working For Wallacetown team is committed to making Wallacetown a place where people are safe, healthy & want to live. Service providers working in partnership with the community, for the community. Residents linking in with Working For Wallacetown can benefit from a wide range of

services and groups including: Housing, Employment, Volunteering, Wellbeing, Social Activities / Groups, Fire Safety, Cost of Living Support, Further Education, Youth Clubs / Childrens Activities, Physical Health, Events, Community Safety, Benefits / Money Advice, Training Courses, Family & Adult Learning, Mental Health, Arts & Crafts, Addiction Services.	
	Telephone: 0300 123 0900 and ask for Gavin Kennedy (Co-ordinator, Wallacetown)
Email: WorkingForWallacetown@south-ayrshire.gov.uk	

Veterans Support

Poppy Scotland

If you or an immediate family member has served in the armed forces then drop into our Welfare Centre on King Street, Kilmarnock for the opportunity to meet other veterans as well as the chance to take part in specially run courses and activities. Please pop in and see us, or pick up the phone, and find out how we can help.

44 King Street, Kilmarnock, KA1 1NP

Telephone: 01563 598000

Sacro's Veterans Mentoring Service

Across Ayrshire, offering a range of support to any Veteran who has served with the UK Military (Royal Navy, Army, and Royal Air Force) for any length of time. Sacro can help support you:

- Address Alcohol and Drug issues
- Address Physical and Mental Health issues
- Access support services in your local area
- Keep appointments
- Enhance life and social skills, e.g. financial budgeting, housekeeping, cooking
- Complete paperwork and make phone calls
- Reintegrate into the community
- Access education or training
- Find employment opportunities

Telephone: 0131 624 7270 or 0141 248 1763

Web: veterans@sacro.org.uk

Veterans First point

If you ever served in the HM Armed Forces in any capacity for any length of time, we can offer you free advice and support, whatever your needs may be. If you have a father, mother, sibling or partner that has served we can give you help and advice if you are concerned for their well-being in any way.

Telephone: 01294 310400

Web: <https://www.veteransfirstpoint.org.uk/drop-center/ayrshire-and-arran>



Updated 30.04.2025