

South Ayrshire Weekly Recovery Drop-in Activities



MON

HAPI Women's Recovery Group

11.30am – 1pm
2nd Floor
Boswell House,
Boswell Park, Ayr,
KA7 1QJ

Walk & Talk (Girvan)

11.30pm – 1pm
Milestone Church,
Girvan, KA26 9HH

JustFootball

2pm – 3pm
Citadel, Ayr

We Are With You Family Support Group

6pm – 7.30pm
Lochside Church,
9 Murray Street, Ayr,
KA8 9PG

TUE

LADDER Recovery Group

1pm – 3pm
Walker Hall,
Troon,
KA10 6EF

WED

We Are With You Family Support Group

11am – 1pm
Lochside Church,
9 Murray Street, Ayr,
KA8 9PG

Walk & Talk (Ayr)

11am – 1pm
Meet at Burns Statue
Square, Ayr

Girvan Recovery Drop In

11.30am – 1.30pm
Milestone Church,
Girvan, KA26 9HH

Cocaine Anonymous (not affiliated with any organisation)

7.30pm – 9pm
Lochside Church,
9 Murray Street, Ayr,
KA8 9PG

THU

YOGA and Mindfulness Group

12pm – 1pm
2nd Floor,
Boswell House,
Boswell Park, Ayr
KA7 1QJ

Medication, Recovery & Me

11am – 12.30pm
2nd Floor,
Boswell House,
Boswell Park, Ayr
KA7 1QJ

P.I.N.G.

2pm – 4pm
2nd Floor,
Boswell House,
Boswell Park
Ayr, KA7 1QJ

Café Hope

5pm-7pm
Salvation Army,
59 John St, Ayr,
KA8 OBS

SMART Recovery Meeting

6pm-7pm
Salvation Army
59 John St, Ayr,
KA8 OBS

FRI

Cocaine Anonymous

*(Not affiliated with
any organisation)*

7.30pm – 9pm
Riverside Church,
24 John St, Ayr
KA8 OBS



SAT

Men's Recovery Group

1st Sat of every month.

5pm – 7pm.
Riverside Church, 24
John St, Ayr
KA8 OBS

ADP / RecoveryAyr / PING Groups

All our recovery groups and activities are led by individuals with personal or family experience of recovery from alcohol or drug use.