

# ADP MONTHLY NEWSLETTER

**ISSUE THREE  
AUGUST 2021**

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- South Ayrshire Champions Board
- International Overdose Awareness Day
- National Recovery Activities
- And much more!



# WELCOME



I'm Jackie Hamilton and I'm the Senior Manager for Children and Justice Services with South Ayrshire Health & Social Care Partnership. I am a social worker who has been qualified for 31 years (I qualified when I was about 12 - honest). Most of my career has been spent working within the Justice arena and I am pleased to say I have always had good links with alcohol and drug services. I believe absolutely that people can and do recover and must be offered every support to



achieve this. I came to South Ayrshire in 2016 as manager of the Justice Social Work Service and met Faye Murfet, who I recognised as a kindred spirit sharing the same vision for our respective services. Due to reorganisation I now manage both Justice and Children's Locality Services. This has given me an opportunity to see first-hand how services need to join up and work together in a family approach. People do not live in silos and we should not run services in that way.

I am joint chair of the Children, Young People & Families subgroup for the ADP. My hope for this group is that we can ensure that young people's voices are heard within the ADP, that we have services which are available for young people when they need them and that families are recognised and included in a member's recovery. Working together I am confident we can achieve this.



**- JACKIE  
HAMILTON**

# THIS MONTH'S ADP LEARNING REVIEW



At its last meeting, the ADP agreed Horizons Research scoping and research study report into Residential Rehabilitation. This is good news and Horizons will continue to work with the ADP as it starts to take forward the recommendations in the coming weeks and months. Overall, as part of the Learning Review, Phase 1 has come to an end (the phase exploring the ADP's governance, communication and partnership working) and the learning to emerge from that work will be shared with ADP partners at a special event in late August. The Review now moves into the second phase in August, focusing in on how impactful different services are within the ADP in contributing to our shared aims. Invitations to key partners across the Partnership to take part in that part of the Learning Review will be send out in the coming days.



CONTACT:



**ROB RAE**

**07540262857**

**ROBERT@3RDHORIZONS.COM**

# THIS MONTH

## CHILDREN, YOUNG PEOPLE AND FAMILIES

As part of the ADP structure, the Children, Young People and Families Sub Group are remitted to take forward the 'Getting it Right for Children, Young People and Families' section of the current ADP strategy - Recovery is Reality, 2020 - 2024. This multiagency group includes a wide range of partners from statutory and third sector services, along with individuals with lived experience and family members.

Two key areas of work currently being progressed by the group, the first relates to support and services for young people affected by their own or other people's alcohol or drug use, and the second is in relation to developing a Whole Family Approach model for individuals and families affected by alcohol or drug use. A range of consultation activities have taken place, young people and staff working in services, including the areas outlined below.

Alongside the ADP Learning Review, the sub group will be considering all of the learning from the recent consultation activities, along with the emerging National Whole Family Approach framework, to ensure our young people and families are supported. The ADP remains committed to creating opportunities to listen to children, young people and families to increase our understanding of the types of support and opportunities they would find helpful, and this will be a key priority as we move these two areas of work forward.

### **Scottish Families Affected by Drugs (SFAD) Young People Consultation**

Phase 3 of the Young People's Consultation is now complete. 7 learning events were held to share insights and scoping work with practitioners and young people. 94 participants took part from Health, Education, Employability & Skills, CLD, Community Safety, 3rd Sector, Police Scotland, and Housing. The results will be used to inform commissioning of services for children and young people in South Ayrshire. Thank you to everyone who took part.

### **Whole Family Approach**

Two workshops took place in May 2021, facilitated by Horizon Research and attended by members of the ADP Children, Young People and Families Sub Group. Justina Murray (SFAD) presented to the group on family perspectives on Whole Family Support and Family Inclusive Practice. Members discussed Whole Family Support and Family Inclusive Practice and, in summary, noted:

- There is a lot of work ongoing across a range of services.
- Communication is key.
- Safe spaces must be created for professionals and families.
- The voices of children and young people need to be amplified and used.

Thank you to everyone who took part in these workshops.

### **Ask the Family!**

Ask the Family! report launch and virtual exhibition tour took place online on 10th June. This was hosted by SFAD who shared their clear recommendations about the need for strategic, sustained and evidence-based investment in family support and family inclusive practice across Scotland. This was followed by a virtual tour of the exhibition. There were presentations from Justina Murray (SFAD), Angela Constance (Scottish Government), Neil Hunter (Whole Family Approach/Family Inclusive Practice Working Group), Mel McPherson (All in the Family), Laurie Lee Whiton (All in the Family), Liam McGinley (Action for Children) and Mark Kennedy (Circle).

# RECOVERYAYR VOLUNTEER PROJECT AT SOUTHCRAIG SCHOOL

RECOVERY  
AYR

Southcraig School asked the PING/RecoveryAyr/ADP Team if we could help them build raised beds for their allotment garden. The school and the gardens are getting a huge revamp over the summer including interior decorating and a sensory garden. We are so proud to be part of this transformation.

The project also marked the launch of a new Volunteer Programme for RecoveryAyr and a full squad began work on 20th July.



Working with Derek Hart, a builder to trade and friend of the school, in blistering heat, by the end of the first day we had marked out the site, dug out paths and prepared the sleepers for building.



Diane Tierney, teacher and part of the Outdoor Learning Group, said “We are so grateful to the volunteers to get the beds built and make the garden accessible to ALL the children. It’s part of our Green Gym Accreditation and has been supported by local businesses like Regency Clean and Radbury Double Glazing. It’s brilliant that the kids will be able to get experience of gardening, and cooking the food they grow, and hopefully even running a café with the produce.

This project is massive for the school in terms of building links with so many different parts of the community. The volunteers have been brilliant, and I hope they will return to do other things for the school in the future.”

Volunteers Peter, Emma and Geoff got the first bed finished in the second week. Geoff said, “Volunteering on the project adds structure and stability to your week. It’s good to be giving

something back to the community cos you’ve taken so much.”

Peter and Emma agreed, adding, “It’s good to know the kids’ll get good fun out of it.”



Anyone interested in volunteering opportunities can contact **Chris at Christine.jones@south-ayrshire.gov.uk**, phone on **07871 666849**, or talk to a member of RecoveryAyr/PING/ADP for more details.

**We’d love to see you!**



With thanks to the Corra Foundation for the Grassroots Fund grant to support the development of the new Volunteering Programme, to provide opportunities for individuals and family members affected by alcohol or drugs.



# MEET THE BARNARDOS TEAM!

## ALISON GIBSON

**SERVICE MANAGER – NORTH AND SOUTH AYRSHIRE SERVICES**

Hi, my name is Alison Gibson, I am the Children's Service Manager for Barnardos. I have worked with Barnardos for over 10 years and within health and social care for around 25 years. During this time, I have carried out various roles, worked within many different projects and have met many amazing and inspiring people along the way.

At Barnardos we believe in "the unique worth of every person and working with hope" and I believe this is fundamental to all the work that we do. I became involved with SA ADP last year at the start of lockdown and have been inspired by their commitment to

positive change for individuals, families and young people affected by addiction. I am passionate about improving the life chances and opportunities for children, young people and families affected by alcohol and drugs, including prevention and early intervention using a relationship-based trauma responsive approach. Young people and families have told us that the most important thing to them is having someone to talk to who understands and doesn't judge. Young people have been particularly affected by the pandemic over the last 18 months which has impacted on every aspect of their lives for some at a very critical stage of their development including, relationships, access to support, mental health including anxiety, increased use of alcohol or substances, education including transitions to work or college. Staff within our Stronger Futures service have been innovative and creative in responding to this need and ensuring that young people feel supported. We are currently in the middle of our summer programme which has been amazing to see young people having the opportunity to connect with staff and each other and take part in fun activities, helping to develop their self-confidence, improve mental health and well being and reduce isolation.

As a partnership we have an amazing opportunity to work together to provide the best possible support by learning together, sharing information, resources, and expertise and most of all shaping our services by listening to the people accessing them. I look forward to continuing working with all the people involved.



## CAITLIN EAGLESHAM

**PROJECT WORKER – STRONGER FUTURES**

Caitlin has worked at Barnardo's Ayrshire since July 2018 starting out in the North Ayrshire Choices service then the Family Resource Service. Caitlin recently moved to the Attainment service working within schools and in February 2021 began working part of her time with Stronger Futures.

## EMMA MCDERMOTT

**PROJECT WORKER – STRONGER FUTURES**

Emma has worked at Barnardo's Ayrshire since March 2017 starting out in the North Ayrshire Choices service then the Attainment service and then started with Stronger Futures when it first began in July 2019. Emma is currently on maternity leave and will return in November.



# BARNARDO'S STRONGER FUTURES



Barnardo's Stronger Futures Service supports Young People aged from 12-25 years old with emerging substance use within South Ayrshire. Referrals usually come from the young person, a family member, the young persons place of education or Social Work Using Trauma informed Practice, underpinned by our knowledge of adverse childhood experiences, support is offered holistically to raise awareness in young people around the impact drugs and alcohol have on their daily lives and their future, enabling them to make positive life choices.



Support is offered on a 1-1 basis within the community, school, and home to explore and address complex issues which impact upon families, strengthening the emotional resilience, health and wellbeing of the young person. Relationship building is key to gaining a level of trust to enable partnership working. Tools and resources workers use to engage with young people include Outcomes Star, quizzes, games, beer goggles, drugs box and PASS (Prevention of Alcohol & Substance use Sessions).



## LOCKDOWN KIDS CLUB



During lockdown, we hosted an online kid's club every Friday afternoon from 3pm to 4pm. Every week was different, but included a range of activities, including baking, exercise, yoga, games, dancing, storytelling, and arts and crafts. The children enjoyed the variety of activities, and quickly became "online friends" with the others attending the group. This is Harris with his beautifully painted fairy door (for the tooth fairy and Santa's elves to come through) and some pictures of our baking.



# CHAMPIONS FOR CHANGE

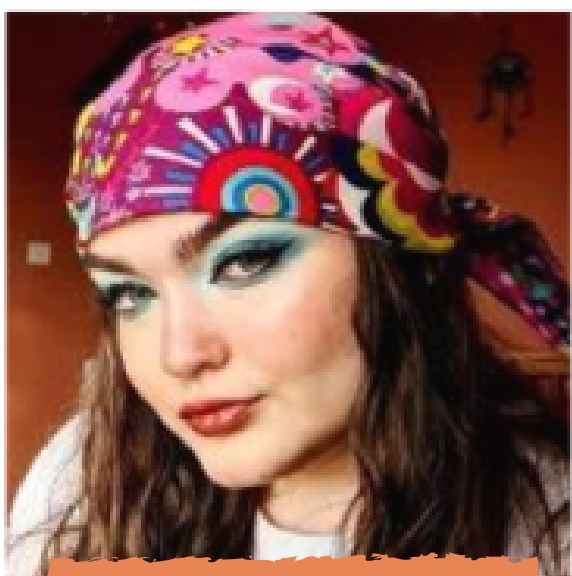
## SOUTH AYRSHIRE CHAMPIONS BOARD

Champions Boards provide a platform for young people with care experience to have their voices heard and talk directly to local councillors and service provider's, planners and commissioners, heads of services and front-line staff to ensure they have a bigger say in the decisions that affect their lives. Through Champions Boards, people can draw on their lived experience to influence improvements in services, policies and practices and make positive changes across South Ayrshire. Putting young people in the driving seat in this way is a powerful example of a co-production approach which places relationships at the very heart of delivering services. In South Ayrshire we have had an exciting few years designing and delivering training and awareness raising sessions for our Corporate Parents across South Ayrshire Council and Health and Social Care Partnership. We've designed and held events with young people and their Corporate Parents which are informal fun and dynamic and begin to build trusting relationships and challenge some of the stigmas around care and we have set up groups across south Ayrshire where young people with care experience set the agenda. We're involved in national initiatives like the independent care review. It's so important to us that the voices of young people with care experience are heard and their experiences are understood. We've also been involved in our corporate parenting plan which we've called our parenting promise.



## MEET THE TEAM!

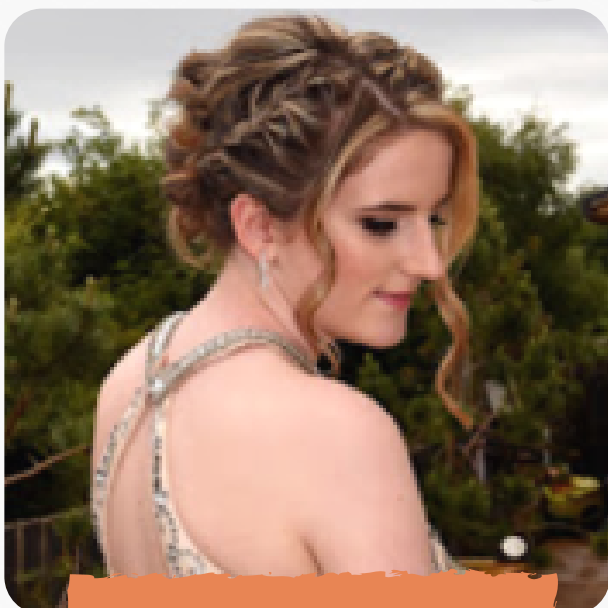
Most people in our team have experience of care this is important to us as we feel it helps our team to relate to the young people we work with and it gives us a real drive to make positive changes.



**FAITH**

I work as a Participation Assistant with the Champions Board. I care very deeply about the equality between human beings regardless of class, ability, age, skin colour, sexual orientation, faith, or gender. I am very passionate about justice and doing the right thing. I care deeply that people are treated fairly, equally, and above all else, kindly in this world. I believe that I am a very smart and caring individual. I am good at tapping into people's emotions and recognising there is a problem and/or issue. I'm a real problem solver and try to think as logically as possible about how to reach the best outcome for whatever that scenario may be. I am also a very caring and compassionate person, and deeply want others to feel happy, fulfilled, and loved in their life.

I believe the best corporate parents are those who hold love at the front of their hearts. You must be a caring and kind individual, who is also determined to fight and make positive change for young people in this world. Most importantly you must be selfless and caring, and care for them as if they were your own child. The best corporate parent, is a kind one.



**TAYLOR**

I have lived in residential and foster care I work as a Participation Assistant with the Champions Board. I am also a Modern Apprentice in South Ayrshire. I think the fact I have been in care myself motivates me to do my job and support young people to change the failures in the care system. I am good at listening and taking on board what others are saying and find solutions to problems. I am always here to listen and support young people and can relate to some of their problems.





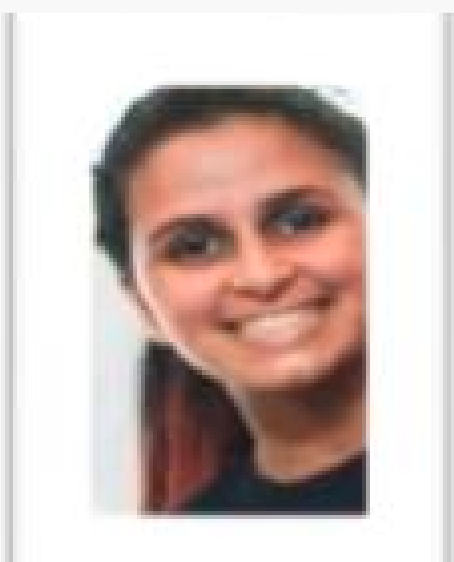
**DAWN**

My job is Corporate Parenting Lead Officer for South Ayrshire and as part of this role I get to see what everyone's doing to support care experienced young people and I also manage the Champions Board team which I love. I think that I have a kind heart, I care about things being good and fair, I support young people well and I think that I also listen well. I think it's important to be honest and genuine and I think this is at the very heart of what we do in the champion's board.

I work as a participation assistant I have lived in Kinship care. I joined the team as a modern apprentice then a casual participation assistant and now have a permanent post as a Participation Assistant. I love working in the champions Board I feel that I can really get to know and support young people and help them to make sense of what they're going through. We also get to talk to decision makers this makes me feel that I'm part of the decision making process.



**CHLOE**



**OLIVIA**

I was the first person with care experience to be employed by South Ayrshire Champions board in 2017. Since then I have made many moves and have changed roles and now support social media, training and events organisation within the team. The Champions Board gives me an opportunity to tap into my skills and knowledge as well as my experience. You can see an example of a recent livestream I did with our Chief Executive on [facebook.com/southayrshirechamps](https://www.facebook.com/southayrshirechamps)

## MEET THE TEAM!



I have been in recovery for 5 years now. I came through the recovery community in South Ayrshire and the Volunteer Peer Worker project run by the ADP. I eventually started volunteering for RecoveryAyr facilitating community groups and peer supporting individuals into recovery, while working towards my SVQ3 in Health and Social Care. On completion of my SVQ I was then employed part time by RecoveryAyr, I then moved on to full time employment with We Are With You (Addaction) where I have been for the past 2 years. Recovery is a big part of my life now and I am passionate about supporting people in their own recovery journeys. I am now back at the ADP as a Peer Worker, working in partnership with Justice Social Work Services. In my new role I will be supporting individuals on a 10-12-week

basis and group setting, recently released from prison and/or have an involvement with Justice services. I will be hoping to create a new group here in South Ayrshire, to run a programme focused specifically for individuals recently released from prison supporting them to learn new coping mechanisms to deal with their addiction and offending behaviours, while creating pathways for individuals looking to get involved with recovery community activities/ recovery meetings/ volunteering opportunities, to enable these individuals to integrate back into their community and build a better future for themselves and become a productive member of society. I am looking forward to this new challenge and supporting individuals with their recovery journey.



**BARRY**

## “ MY RECOVERY JOURNEY - ANON ”

I met someone from the ADP through my social worker when I got out of prison. I ended up having a really good relationship with him, going walks and talking about our trials and tribulations on the road to recovery. He got me on this group called Steps to Change in March and its been a great help we have discussed moving forward with a action plan and the Volunteer Peer Worker Program when the group is finished. I think I have met friend through the ADP and a great role model and I really value his companionship he has always gave me good advice and been there anytime I have needed it. I know I will move forward with a positive attitude because that's the way he is. - Anon

# OVERDOSE AWARENESS DAY



Make a Difference in 2021 International Overdose Awareness Day is a global event held on 31 August each year and aims to raise awareness of overdose and reduce the stigma of a drug-related death. It also acknowledges the grief felt by families and friends remembering those who have died or had a permanent injury as a result of drug overdose. Individuals, Families and communities, along with organisations, policy makers and businesses come together in a shared effort to reduce the tragedy of overdose. For support or more information, follow **#IOAD2021** or **@OverdoseDay** on Twitter

## The goals of Overdose Day are:

- to raise awareness of overdose and reduce the stigma of a drug-related death; and
- to acknowledge the grief felt by families and friends remembering those who have met with death or permanent injury as a result of drug overdose.



## FLOWER WALK



Locally we are supporting the day with a with a Flower Walk on Tuesday 31st Aug 2021 at Ayr Seafront. The event will mark the launch of our Peer Naloxone Network and help you understand how overdose affects every single one of us and how you can make a difference. We will be walking from Ayr College, down the river and along Ayr Seafront to the Millennium Bridge where we will release purple flowers into the River Doon in memory of those we have lost. Please feel free to join us anywhere along the route. There will be a chance to talk to others and find out more about the Peer Naloxone Network and how we hope it will save lives.

**Date: Tuesday 31st Aug 2021**

**Route: Each stage is approx. 1 mile and on good, level ground.**

**10.30am: Ayr College Car Park (river side), along river, across Auld Brig to Citadel**

**11.15am: Citadel (grassy area near the sea) along seafront to Ayr India Car Park**

**12.00 noon: Ayr India Car Park to Millennium Bridge**

**12.45pm: Flower Release at Millennium Bridge**

**1.00pm: Picnic and chat**



Please join us at any point on the route. Bring your own flowers (please NO plastic flowers/wrappers/ties) or we can provide them

**Contact: [adp@south-ayrshire.gov.uk](mailto:adp@south-ayrshire.gov.uk) for more information**

# RECOVERY ACTIVITIES

## RECOVERY WALK SCOTLAND

Recovery Walk Scotland is the largest recovery event in Scotland and has been held in different locations across our beautiful country since 2013. The event is comprised of three parts: Roses in the River Memorial, Recovery Walk Scotland procession through the city centre and a Recovery Festival and Village in North Inch Park, Perth.

For more information, find Recovery Walk Scotland on social media.



RECOVERY WALK SCOTLAND

SATURDAY 25TH SEPTEMBER 2021, 11AM-4PM

# PERTH

FEATURING: ROSES CEREMONY, LIVE BANDS, CHILDREN'S ACTIVITIES, RECOVERY VILLAGE

For more information please follow our social media pages  
Recovery Walk Scotland

**SRC** SCOTTISH RECOVERY CONSORTIUM  
Charity No: SC041181  
[www.scottishrecoveryconsortium.org](http://www.scottishrecoveryconsortium.org)

## RECOVERY CONNECTS 2021

The Recovery Collective is pleased to announce that Scotland's first alcohol free music festival is back for its second year! After a year in the wilderness due to the pandemic they are back, bigger and better than before. Join them in August for an afternoon of live music in Queen's Park.

This event is free to those of all ages. For more information, find Recovery Connects on Facebook.



THE RECOVERY COLLECTIVE PRESENTS

SUNDAY 8TH AUGUST  
12PM - 6PM  
QUEENS PARK ARENA  
QUEENS PARK, GLASGOW

# RECOVERY CONNECTS 2021

SCOTLAND'S FIRST ALCOHOL FREE MUSIC FESTIVAL

# JON MANCINI

RESURRECTION (STONE ROSES TRIBUTE) | THE DUCKS! | THE DECADENT MOVEMENT  
RED RUBIES | THE MUNGO FOUNDATION RECOVERY BAND

POWERCUT PRODUCTIONS SHOWCASE  
STEG G | FREESTYLE MASTER | EMPRESS | CCTV

The Recovery Collective are very pleased to announce that Scotland's first Alcohol Free Music Festival Recovery Connects is back for its second year! After a year out in the wilderness due to the pandemic we are back, bigger and better than before so come along and join us in the sunshine for what promises to be an amazing afternoon of recovery fun and live music.

This event is a free event for all the family to enjoy so come and join us at Queens Park on the 8th August...let's Make Recovery Visible!

For more information find us on Facebook and Twitter





## TRANSPORT

The ADP have arranged transport these events, if you are interested in attending and would like to reserve a place on the bus, please contact Barry.

[barry.paulin2@south-ayrshire.gov.uk](mailto:barry.paulin2@south-ayrshire.gov.uk)





# RECOVERY ACTIVITIES



## WEEKLY ONLINE RECOVERY ACTIVITIES AUG 2021

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY	EVERY SATURDAY	EVERY SUNDAY
10am 'Recovery Check In'	10am 'Recovery Check In'	10am 'Mindfulness'	10am 'Recovery Check In'	10am 'Recovery Check In'	10am 'Recovery Check In'	10am 'Recovery Check In'
12pm 'Countdown'		7pm 'Recovery meeting'	12:30pm 'Yoga'	2pm 'PING' group		
			6pm 'Thursday Cook and Natter'			

All recovery groups are led by peers with lived experience.

Links to join the activities are emailed out each morning. To be added to the email list please email [adp@south-ayrshire.gov.uk](mailto:adp@south-ayrshire.gov.uk) or text 07805 765166.

All groups are held on Zoom. Go to the Google or App Store to download the Zoom App for free.

[www.facebook.com/recoveryayr](http://www.facebook.com/recoveryayr) [www.facebook.com/ping](http://www.facebook.com/ping)

@recoveryayr @southayradp @PING\_Ayr



### Daily Recovery Check-ins (7 days a week)

Come along and be supported in your recovery via our daily recovery groups.

### Monday Countdown

Join our fun weekly 'Countdown', based on the long running TV show.

### Wednesday Mindfulness Meeting

Join George for a guided mindfulness session. No experience necessary.

### Wednesday Evening Recovery Meeting

Join each week us for a weekly catch-up.

### Thursday Yoga

A yoga session for all abilities, followed by a yoga relaxation session.

### Thursday Natter and Cook

Join us for a natter and our weekly cooking group, led by a trained chef. Places for cooking are limited and must be booked by Tuesday 12pm each week. Ingredients will be dropped off to you.

### Friday PING group

Join us for our structured group, discussing different topics each week, which is aimed at anyone who has been involved with the justice system.

**IF YOU WOULD LIKE TO JOINT THE ONLINE ACTIVITIES AND YOU DON'T HAVE 'DATA', PLEASE GET IN TOUCH AND WE WILL TRY TO HELP.**

**WE ARE DELIGHTED TO LET YOU ALL KNOW, WE ARE NOW STARTING OUR FACE TO FACE PEER LED GROUPS (FOLLOWING COVID GUIDELINES)**

LADDER Recovery Group - Tuesday 1pm-2.30pm at Walker Hall, Troon

Girvan Recovery Group - Wednesday 12pm-1.30pm at Milestone Church, Girvan

**CONTACT DAVID FOR MORE INFORMATION**

**07814363978**

# JUST FOR FUN



## Recovery Wordsearch

C	N	N	E	O	T	O	S	E	N	P	O	G	N
E	I	S	C	C	O	U	R	A	G	E	O	U	S
G	L	C	S	E	Y	T	S	E	N	O	H	O	U
N	T	E	O	E	O	R	C	T	G	E	E	V	T
I	N	N	C	T	R	E	F	S	V	D	S	E	U
R	E	E	Y	T	I	S	R	O	I	A	U	R	M
E	O	Y	U	P	U	P	E	C	G	U	P	C	S
E	A	A	O	T	O	E	E	H	E	T	P	O	G
T	A	N	E	R	A	C	N	P	T	E	O	M	E
N	E	R	N	N	R	T	O	O	C	M	R	E	E
U	I	E	R	D	U	H	C	P	S	N	T	R	E
L	U	N	D	E	R	S	T	A	N	D	I	N	G
O	C	O	M	M	U	N	I	C	A	T	I	O	N
V	N	O	I	T	A	N	I	M	R	E	T	E	D

### WORDS

UNDERSTANDING  
COMMUNICATION  
OVERCOME  
RESPECT  
SUPPORT  
DETERMINATION

VOLUNTEERING  
FREE  
COURAGEOUS  
HONESTY  
HOPE





# TRAINING AND EVENTS



## Prevention and Service Support Team Online Training Calendar August – October 2021

Course	Date & Time	Duration	Venue	To book a place contact
Advanced Drug Awareness: Part 1	1 <sup>st</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Cara.Durnie@aapct.scot.nhs.uk">Cara.Durnie@aapct.scot.nhs.uk</a>
Advanced Drug Awareness: Part 2	8 <sup>th</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Cara.Durnie@aapct.scot.nhs.uk">Cara.Durnie@aapct.scot.nhs.uk</a>
Harm Reduction	8 <sup>th</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Chris.Myles@aapct.scot.nhs.uk">Chris.Myles@aapct.scot.nhs.uk</a>
Basic Drug Awareness	9 <sup>th</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Leanne.woods@aapct.scot.nhs.uk">Leanne.woods@aapct.scot.nhs.uk</a>
Naloxone Awareness	14 <sup>th</sup> September @10am	1 hour	Microsoft Teams	<a href="mailto:Cara.Durnie@aapct.scot.nhs.uk">Cara.Durnie@aapct.scot.nhs.uk</a>
Current Drug Trends	15 <sup>th</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Marie.wilson@aapct.scot.nhs.uk">Marie.wilson@aapct.scot.nhs.uk</a>
Working with Young People	16 <sup>th</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Leanne.woods@aapct.scot.nhs.uk">Leanne.woods@aapct.scot.nhs.uk</a>
Mental Health & Substance Use – Living with COVID-19	16 <sup>th</sup> September @10am	2.5 hours	Microsoft Teams	<a href="mailto:Chris.Myles@aapct.scot.nhs.uk">Chris.Myles@aapct.scot.nhs.uk</a>
Basic Alcohol Related Brain Damage	21 <sup>st</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Chris.Myles@aapct.scot.nhs.uk">Chris.Myles@aapct.scot.nhs.uk</a>
Alcohol Awareness	22 <sup>nd</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Leanne.woods@aapct.scot.nhs.uk">Leanne.woods@aapct.scot.nhs.uk</a>
Cannabis Awareness	23 <sup>rd</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Marie.wilson@aapct.scot.nhs.uk">Marie.wilson@aapct.scot.nhs.uk</a>
Alcohol Brief Interventions	28 <sup>th</sup> September @10am	3 hours	Microsoft Teams	<a href="mailto:Chris.Myles@aapct.scot.nhs.uk">Chris.Myles@aapct.scot.nhs.uk</a>
Female Drug Use	29 <sup>th</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Leanne.woods@aapct.scot.nhs.uk">Leanne.woods@aapct.scot.nhs.uk</a>
Current Drug Trends	30 <sup>th</sup> September @10am	2 hours	Microsoft Teams	<a href="mailto:Marie.wilson@aapct.scot.nhs.uk">Marie.wilson@aapct.scot.nhs.uk</a>



## COVID-19 NOTICE



Due to COVID-19 we have adapted the way in which we provide our training courses. Currently all training will be provided virtually via Microsoft Teams. The functionality of Teams on mobile devices is limited and we recommend to get the full interactive experience you should access the training using a desktop pc or laptop. As changes to how we work and learn continue, PSST will issue a training calendar on a quarterly basis.